

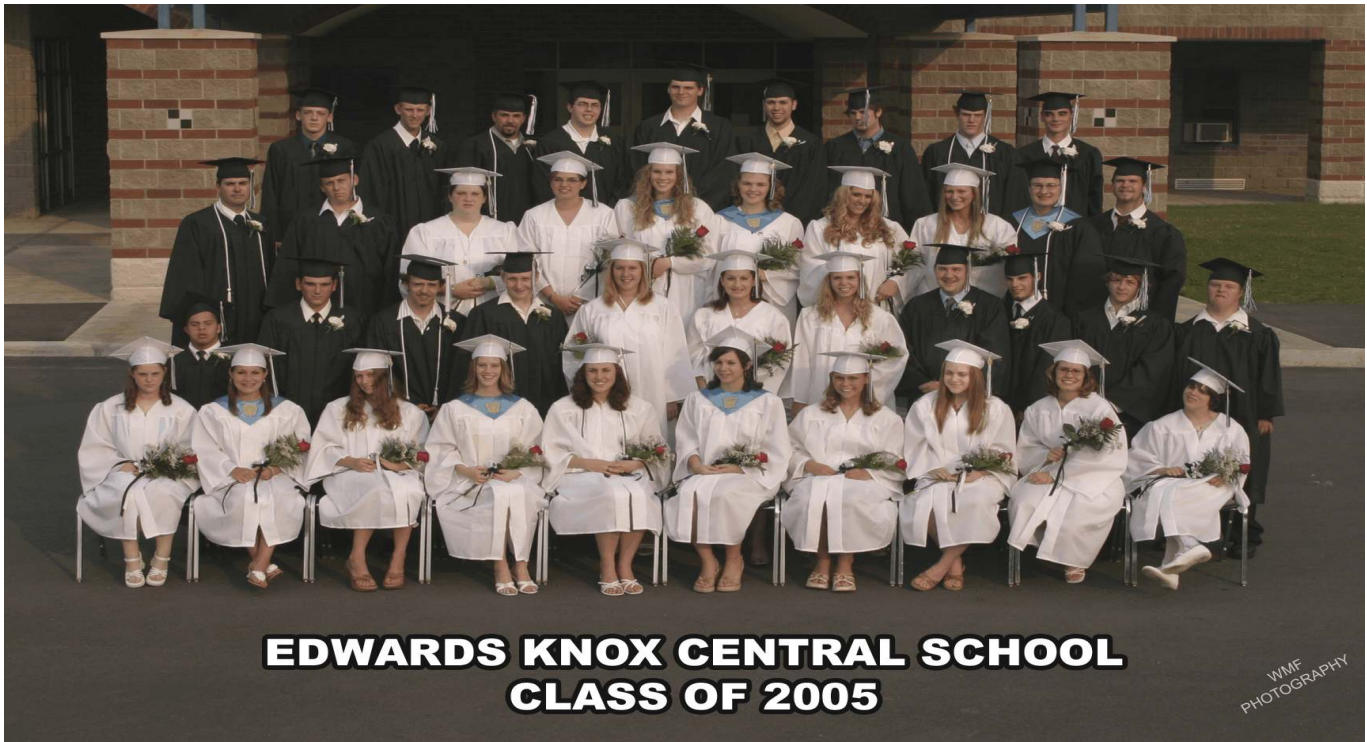
September 2005

Log onto www.ekcsk12.org
to down this newsletter.



Cougar News

A Publication of the Edwards-Knox Central School Board of Education
Wheeler Maynard, Jr., President Amanda Fuller Kelly Stone
Dianne Hurley, Vice-President Bryan Gotham Don Washburn
Rick Brewer Teresa Hogle Tom Wood



Row 1: Christine Fountain, Natasha Brewer, Crystal Turtschanow, Ashley Rulfes, Gabrielle Baker, Caitlin Hill, Tiffany Briggs, Erica Grimshaw, Brittany Matthews, and Renae LaPoint.

Row 2: Ed Cisneros, Matthew McIntosh, Justin Randall, Bradley Peacock, Arlene McFerran, Jordan Hatch, Tesia Yerdon, Randy Gollinger, Edwin Franklin, Dustin Smith, and Jason Harris.

Row 3: Christopher June, Allen Flanagan, Breanne Snyder, Amber Flanagan, Elizabeth Tupper, Jennifer Surface, Sarah Allen, Danielle Gallo, Charles Colton and Keith Matthie.

Row 4: Matthew Robillard, Eric Brown, Kyle LaPoint, Michael Clesi, Jason Dancause, Daniel McGraw, Aaron Towne, Craig Kirkpatrick, and Brandon Corbine.

SUPERINTENDENT'S COMMENTS

Dear Residents:

I. Fall:

How rapidly we have moved from summer into fall, and what a delight this pleasant weather has been! It hardly seems possible that the start of another school year is upon us, but the calendar says that it is so.

Congratulations to our graduates upon the successful completion of this phase of your education. As they move on to your next location -whether college, employment, or some other endeavor -please know that our best wishes follow them. We feel satisfied that we have worked diligently (as you have, also) to provide preparation that is more than adequate. We believe that they will find themselves to be competitive with those beside whom you will work and learn in the next chapter of your life.

II. Update on Building Construction Project

Construction has basically been completed. I would like to thank our students, teachers, and parents for their patience during the construction project. If you have any questions regarding the construction project, please call me.

III. School Based Dental Clinic here this fall

What is a School-Based Dental Clinic?

A school-based dental clinic is a part of the school-based health center. The school-based dental clinic is a partnership between the Edwards-Knox Central School and the Clifton-Fine Hospital, to provide primary and preventative dental care to enrolled students on school grounds during school hours. The Service will be coordinated and staffed through the University of Rochester School of Dentistry.

Once your children are enrolled, they may receive primary care, preventative care, and urgent dental care through the dental clinic. There is no "out of pocket" charge to the family for any services received at the school-based health center, provided the student is enrolled in the Program.

Who is eligible to be treated at the Mobile Dental Clinic?

Only students who are currently enrolled in the Edwards-Knox Central School District and enrolled in the School-Based Health Clinic are eligible for services at the dental clinic.

What is the procedure for a student being seen at the Mobile Dental Clinic?

All students enrolled in the School-Based Health Center will be seen by the dental hygienist and on-site dentist at least once during each school year. The school-based health center nurse will contact each enrollee (parent/guardian) to schedule the initial appointment. Thereafter, routine appointments will be scheduled as warranted. Emergency appointments will be scheduled as soon as possible.

What costs will I incur from my child being seen at the Mobile Dental clinic?

There are no "out-of-pocket" costs incurred by parents from their children being treated at the clinic. Parents insurance will be directly billed by the clinic. Should parents have a "co-pay" with their particular insurance program for dental visits, the co-pay is automatically waived by the clinic.

This program is operated by the Clifton-Fine Hospital, partially funded by grants, and provides services to E-KCS students at no cost to the school district. The only obligation the district has is to provide space, electricity and water hook-up. The Hospital is accountable for staffing, equipment and supplies.

If my family doesn't have dental insurance, will my child be treated at the clinic?

Should there be children who do not have insurance coverage, they will not be turned away at the clinic, but their families will be urged to enroll with the Child Health Plus or Family Health Plus Insurance Program. Assistance for this enrollment will also be given to these families. Some insurance companies may require a specific dental provider be assigned. This will be addressed on individual needs.

I don't want to leave my family dentist. If my child attends the mobile dental clinic, does that mean I can no longer see my own dentist?

No. The clinic is designed to work in conjunction, not in competition, with your family dentist. If your child is seen at the clinic, the staff at the clinic will notify your family dentist that the clinic practitioner treated your child and what follow-up may be necessary by your dentist. You do not need to switch to the clinic's dentist for your child to enroll with the Program, unless it is a requirement of your specific insurance carrier.

Who has access to my child's dental clinic records?

The dental clinic records are the same as confidential medical records in a dentist's office and the school nurse, teachers, and administrators will not have access to this information.

What are the hours of the Dental Clinic?

The clinic will follow normal school hours, including inclement weather delays. Further, they will be open during most school and summer vacation breaks. The Dental Clinic will be on rotating schedules between Edwards-Knox, Clifton-Fine, and Harrisville Central Schools. Periodically the clinic will be located at the Clifton-Fine Hospital. This clinic hopes to begin operation this fall.

Sincerely,

Dr. William U. Cartwright
Superintendent of Schools

**NOTICE FROM ANGELA GOLLINGER
TAX COLLECTOR AND BUSINESS OFFICE
CLERK**

**The hours for tax collection will be Monday through Friday,
from 9:00 A.M. - 3:30 P.M.**

SCHOOL BUS SAFETY STRESSED

It is important to emphasize early in the school year the need for proper conduct on school buses. With up to sixty children on some buses, the behavior of one or two can affect the safety of all. There are a few very basic, common sense rules for all students to follow.

FOLLOW THESE RULES

1. Observe same conduct as in the classroom.
2. Be courteous, use no profane language.
3. Do not eat or drink on the bus.
4. Keep the bus clean.
5. Cooperate with the driver.
6. Do not smoke.
7. Do not be destructive.
8. Stay in your seat.
9. Keep head, hands and feet inside the bus.
10. Bus driver is authorized to assign seats.



“DON’T LOSE YOUR RIDING PRIVILEGE!”

SCHOOL BUS SAFETY ALERT

A child’s clothing can be dangerous when getting off the bus.

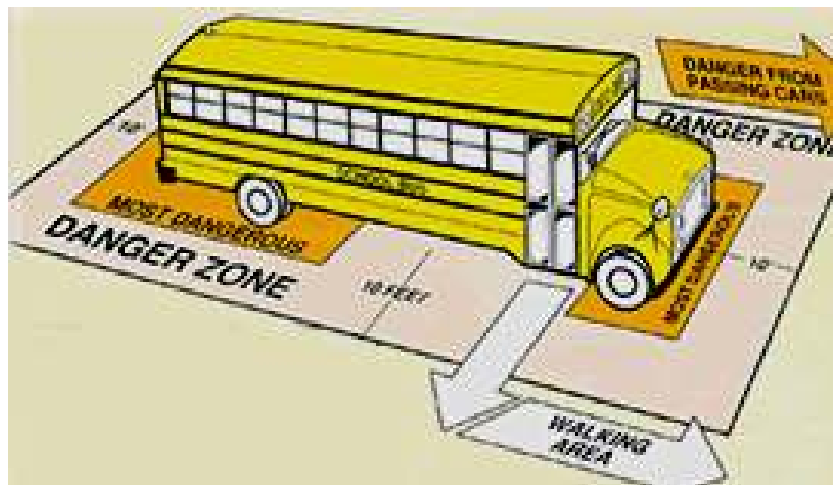
A number of children have been injured or killed when their clothing became caught when exiting the bus.

Dangerous clothing that can get caught in handrails, doors or other areas includes:

- Jackets or sweatshirts with drawstrings
- Backpack straps
- Scarves or other loose clothing

Please talk with your children about these Safety Rules:

- ! Stay away from the Danger Zones around the bus.**
- ! If you drop something near the bus, don’t pick it up. The driver may not see you. Tell the driver & follow his/her instructions.**
- ! Remember that motorists don’t always stop for the school bus. Use extreme caution when getting on or off of the bus.**



household and return it to the designated office. If you now receive food stamps, Temporary Assistance to Needy Families (TANF) for any children, or participate in the Food Distribution Program on Indian Reservations (FDPIR), the application must include the children's names, the household food stamp, TANF or FDPIR number and the signature of an adult household member. All children with the same case number may be listed on the same application. Separate applications are required for children with different case numbers. If you do not list a food stamp, TANF or FDPIR number for all the children for whom you are applying, the application must include the names of everyone in the household, the amount of income each household member, and how often it is received and where it comes from. It must include the signature of an adult household member and that adult's social security number, or the word "none" if the adult does not have a social security number. An application that is not complete cannot be approved. Contact your local Department of Social Services for your food stamp or TANF number or complete the income portion of the application.

Reporting Changes: The benefits that you are approved for at the time of application are effective for the entire school year. **You no longer need to report changes for an increase in income or decrease in household size, or if you no longer receive food stamps.**

Income Exclusions : The value of any child care provided or arranged, or any amount received as payment for such child care or reimbursement for costs incurred for such care under the Child Care Development (Block Grant) Fund should not be considered as income for this program.

Nondiscrimination Statement: This explains what to do if you believe you have been treated unfairly. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write to *USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington DC 20250-9410* or call 202-720- 5964 (voice and TDD). USDA is an equal opportunity provider and employer.

Meal Service to Children With Disabilities: Federal regulations require schools and institutions to serve meals at no extra charge to children with a disability which may restrict their diet. A student with a disability is defined in 7CFR Part 15b.3 of Federal regulations, as one who has a physical or mental impairment which substantially limits one or more major life activities. Major life activities are defined to include functions such as caring for one's self, performing manual tasks, walking, seeing, hearing, speaking, breathing, learning, and working. You must request the special meals from the school and provide the school with medical certification from a medical doctor. If you believe your child needs substitutions because of a disability, please get in touch with us for further information, as there is specific information that the medical certification must contain.

Confidentiality: The United States Department of Agriculture has approved the release of students names and eligibility status, without parent/guardian consent, to persons directly connected with the administration or enforcement of federal education programs such as Title I and the National Assessment of Educational Progress (NAEP), which are United States Department of Education programs used to determine areas such as the allocation of funds to schools, to evaluate socioeconomic status of the school's attendance area, and to assess educational progress. Information may also be released to State health or State education programs administered by the State agency or local education agency, provided the State or local education agency administers the program, and federal State or local nutrition programs similar to the National School Lunch Program. Additionally, *all* information contained in the free and reduced price application may be released to persons directly connected with the administration or enforcement of programs authorized under the National School Lunch Act (NSLA) or Child Nutrition Act (CNA); including the National School Lunch and School Breakfast Programs, the Special Milk Program, the Child and Adult Care Food Program, Summer Food Service Program and the Special Supplemental Nutrition Program for Women Infants and Children (WIC); the Comptroller General of the United States for audit purposes, and federal, State or local law enforcement officials investigating alleged violation of the programs under the NSLA or CNA.

The disclosure of eligibility information not specifically authorized by the NSLA requires a written consent statement from the parent/guardian.

We will let you know when your application is approved or denied.

Attachment IIIA

____F____R____D
 School Year 2005-2006
 Date withdrew_____

APPLICATION FOR FREE AND REDUCED PRICE SCHOOL MEALS/MILK

To apply for free and reduced price meals for your children, read the instruction on the back, complete this form, sign your name and return it to the school. Call Kathleen Whitmarsh, 562-8200, Ext. 507, if you need help. For additional names, list on a separate sheet of paper.

1. CHILDREN IN SCHOOL: (Complete a **separate** application for each foster child.)

Children's Names (Last, First, MI)	Grade/Teacher	School

2. FOSTER CHILD: If the above named child is the legal responsibility of a welfare agency or court, check this box. G
 List the child's personal use income: _____ Write "0" if the child has no personal use income.) Skip to Part 5.


3. HOUSEHOLDS GETTING FOOD STAMPS OR AID TO DEPENDENT CHILDREN (ADC)/TEMPORARY ASSISTANCE TO NEEDS FAMILIES (TANF): Complete this section and sign the application in Part 5 **OR** submit a Direct Certification letter from the Office of Temporary and Disability Assistance. Complete a separate application for children with a different case number of no case number.

Food Stamp #: _____ ADC/TANF #: _____

4. HOUSEHOLD MEMBERS & TOTAL HOUSEHOLD INCOME: If you did not give a food stamp of ADC/TANF number, or submit a Direct Certification letter, complete this part and all of Part 5.

Show how often each amount is received.

CURRENT INCOME/PAY PERIOD

See Examples 

Examples: \$100/weekly, \$100/bi-weekly, \$100/2x per month, \$100/monthly
 If pay period is not notes, the reviewing official will process the reported income amount as received WEEKLY.

List the names of everyone in your household.	Earnings From Work Before deductions	Child Support, Alimony, Etc.	Payments from Pension or Retirement	Other Income
	Amount / How Often	Amount / How Often	Amount / How Often	Amount / How Often
1. _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____
2. _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____
3. _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____
4. _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____
5. _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____
6. _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____
7. _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____

5. SIGNATURE: An adult household member MUST sign the application before it can be approved.

I certify that all the information is true and that all income is reported. I understand that the information is being given for the school to receive federal funds; that school officials may verify the information and that deliberate misrepresentation of the information may subject me to prosecution under applicable State and federal laws, and my children may lose meal benefits.

SIGNATURE: _____ **DATE:** _____ **SOCIAL SECURITY #** _____ - _____ - _____

Home Telephone _____ Work Telephone _____ Mailing Address _____ Zip Code _____

SOCIAL SECURITY NUMBER: If Part 4 is completed, the adult who signs the application **must** provide his/her Social Security number.

DO NOT WRITE BELOW THIS LINE – FOR SCHOOL USE ONLY

MONTHLY INCOME CONVERSION: WEEKLY X 4.33; EVERY 2 WEEKS X 2.15; TWICE A MONTH X 2

G FOOD STAMP, ADC/TANF, FOSTER CHILD

G INCOME HOUSEHOLD: Total Household Monthly Income: _____ Household size: _____

Application APPROVED for: G Free Meals G Reduced Price Meals
 G Temporary Free (expires in 45 days) ___/___/___ G Application DENIED

Date Notice Sent: _____ Signature of Reviewing Official: _____ Date: _____

APPLICATION INSTRUCTIONS

To apply for free and reduced price meals, submit a Direct Certification letter received from the Office of Temporary and Disability Assistance OR complete this application using the instructions for your household. Sign the application and return the application to the school. Please complete a separate application for each foster child. Call the school if you need help: Carol Empey - 562-8200, Ext. 507. Ensure that all information is provided. Failure to do so may result in denial of benefits for your child or unnecessary delay in approving your application.

PART 1 ALL HOUSEHOLDS MUST COMPLETE STUDENT INFORMATION.

- (1) Print the names of the children for whom you are applying.
- (2) List their grade and school.

PART 2 HOUSEHOLDS WITH A FOSTER CHILD SHOULD COMPLETE THIS PART AND SIGN PART 5. A foster child is the legal responsibility of a welfare agency or court. A separate application must be completed for each foster child.

- (1) List the foster child's monthly "personal use" income. ("Personal Use" income is money given by the welfare office identified by category for the child's personal use, such as an allowance, and all other money the child gets, such as money from his/her family or money from the child's employment.) Write "0" if the foster child does not get "personal use" income. SKIP PART 4. Do not list any other children, household members or income, or a social security number.
- (2) A foster parent or other official representing the child must sign the application in PART 5.

PART 3 HOUSEHOLDS GETTING FOOD STAMPS, ADC/TANF OR FDPIR SHOULD COMPLETE THIS PART AND SIGN PART 5.

- (1) List a current food stamp case number, ADC/TANF or FDPIR (Food Distribution Program for Indian Reservations) number. Complete a separate application for a child/children with a different case number.
- (2) An adult household member must sign the application in PART 5. SKIP PART 4. Do not list names of household members or income if you list a food stamp case number, ADC/TANF or FDPIR number.

PARTS 4 & 5 ALL OTHER HOUSEHOLDS MUST COMPLETE THESE PARTS AND ALL OF PART 5.

- (1) Write the names of everyone in your household, whether or not they get income. Include yourself, the children you are applying for, all other children, your spouse, grandparents, and other related and unrelated people in your household. Use another piece of paper if you need more space.
- (2) Write the amount of current income each household member receives, before taxes or anything else is taken out, and indicate where it comes from, such as earnings, welfare, pensions and other income. If the current income was more or less than usual, write that person's usual income. **Specify how often this income amount is received: weekly, bi-weekly, monthly, 2 x per month.**
- (3) The value of any child care provided or arranged, or any amount received as payment for such child care or reimbursement for costs incurred for such care under the Child Care and Development Block Grant, TANF and At Risk Child Care Programs should not be considered as income for this program.
- (4) The application must include the social security number of the adult who signs **PART 5** IF Part 4 is completed. If the adult does not have a social security number, write "none". If you listed a food stamp, ADC/TANF or FDPIR number, or if you are applying for a foster child, a social security number is not needed. If you have a social security number, write "none".

OTHER BENEFITS: Your child may be eligible for benefits such as Medicaid, or Children's Health Insurance Program (CHIP). In order to determine if your child is eligible, program officials need information from your free and reduced price meal application. Your written consent is required before any information may be released. Please refer to the attached parent Disclosure Letter and Consent Statement for information about other benefits.

PRIVACY ACT STATEMENT

Section 9 of the National School Lunch Act requires that unless your children's food stamp, ADC/TANF or FDPIR case number is provided, you must include the social security number of the adult household member signing the application, or indicate that the household member does not have a social security number. If a social security number is not given or an indication is not made that the signer does not have such a number, the application cannot be approved. The social security number may be used to identify the household member in carrying out efforts to verify the correctness of information stated on the application. These verification efforts may be carried out through program reviews, audits and investigations and may include contacting employers to determine income, contacting a food stamp or welfare office to determine current certification for receipt of food stamps or other benefits, contacting the State employment security office to determine the amount of benefits received and checking the documentation produced by household members to prove the amount of income received. These efforts may result in a loss or reduction of benefits, administrative claims, or legal actions if incorrect information is reported.

DISCRIMINATION COMPLAINTS

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint, write to USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington DC 20250-9410 or call 202-720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.

PHYSICAL EXAMINATION REQUIREMENTS

Education laws require physical examinations of all students in grades K, 1, 3, 7 and 10; all new students, students who participate in sports or cheerleading; students who require a CSE triennial evaluation; all CSE referrals; students needing working papers; and certain BOCES students. Physicals are good for one full year; therefore, only one physical is required to participate in different sports throughout the school year.

Mr. Andrew LaFrance, FNP will be conducting the physicals. However, a parent has the right to have his/her child examined by the family physician if he/she so desires. Any student who wishes to have the family physician conduct the required physical must notify the nurse and get a medical form. This form must be filled out and returned to the nurse.

During the required examination the doctor checks the skin, eyes, ears, nose, throat, heart, lungs, abdomen, and external genitalia on all males. Height, weight, blood pressure, pulse, vision, hearing and scoliosis (ages 8-16) are done by the school nurse prior to the doctor's exam. Urine is also checked for sugar and protein on all sport physicals.

A parent has the right to be present for any physical examination given at the school. If a parent wishes to be present he/she should notify the nurse to make arrangements. Physicals will be conducted one morning every other week and will start shortly after school opens.

DISPENSING MEDICATIONS

New York State Law and a Registered Nurse License prohibits school nurses from administering medications to students in school without an order from a physician and written permission from a child's parents. If it is necessary for a child to take medication during school, please do the following....

1. Have the doctor write an order stating the name of the drug, reason it is being given, the dosage, time to be given and how long the child will be taking medication.
2. Write and sign a statement giving the school nurse permission to give your child the medication as ordered by the doctor and bring the medication (in its pharmacy-labeled container) to school the first day. It is never safe to allow your child to bring the medication to school on the bus. Bring only the amount of the medication needed for what the child will be taking in school.

Policy concerning medication administered in school is for the children's protection. We have a form that can be used for the doctor's order and your consent. Each year the Nurse must have a new written parental and physician's permission slip for students who may require administration of medicine during the school day. Below is the form so that you will have it in the event your child has to take medication during school hours in the 2004-2005 school year.

SAMPLE AUTHORIZATION FORM

Parent and Prescriber's Authorization of Medication in School

A. TO BE COMPLETED BY THE PARENT:

I request that my child, _____, in grade _____ receive the medication as prescribed below by our licensed health care prescriber. The medication is to be furnished by me in the properly labeled original contained from the pharmacy. I understand that the school nurse, or their designated person in the case of the absence of the school nurse, will administer the medication.

Parent/Guardian Signature

Date

Address

Home Telephone

Work Telephone

B. TO BE COMPLETED BY THE LICENSED HEALTH CARE PRESCRIBER:

I request that my patient as listed below, receive the following medication:

Name of Student _____

DOB _____

Diagnosis _____

Name of Medication _____

Prescribed dosage, Frequency and route of Administration: _____

Time to be taken during school hours: _____

Duration of Treatment: _____

Possible Side Effects and Adverse Reactions (if any): _____

Other Recommendations: _____

Name of Licensed Prescriber and Title (Please Print): _____

Prescriber's Signature: _____

Date: _____

Address: _____

Telephone: _____

Student Accident Insurance

The school district's student accident insurance plan provides secondary coverage and has no deductible. If a parent does not have a medical insurance policy, this will provide primary coverage. Also, if a student has medicaid or Champus, the school policy will provide primary coverage. This policy will provide dental as well as medical coverage. If a student damages either eyeglasses or a hearing aid, benefits are only payable when they are damaged as a result of an accident which requires medical treatment.

All payment checks will be sent directly to the provider of the service (doctor, hospital, etc.). They will not be sent to the parent unless a paid receipt is submitted. Some items such as X-rays, physical therapy, office visits, surgical benefits, orthopedic appliances, prescription drugs, etc. are payable up to a reasonable and customary charge. Therefore, some submitted bills will be paid in full. With other bills, the parents may be responsible for paying some charge, even after the school's insurance company had made payment. When a student is injured in school or while participating in a school-sponsored activity, he/she should report the injury to the teacher or coach immediately. As soon as possible, the student should go to the health office to be checked by the nurse. If the injury is sustained at a time when school is not in session, the injury should be reported to the nurse at the earliest possible time. If the student is taken to a doctor's office or the emergency room of a hospital, the school nurse needs to be notified because a Claim Form must be submitted to the school's insurance company.

The nurse will complete Section A and will send the form home to the parent to complete Section B. The parent must submit all bills to his/her insurance company first. (It will be necessary to make and keep a copy of these itemized bills.) After receiving either a rejection or payment on bills by the parent's insurance company, the remaining balance left to be paid should then be sent to the school's insurance company directly by the parent, along with the explanation of benefits from the parent's insurance and the itemized bills.

PLEASE NOTE: One of the major differences in this policy is that the parent and not the nurse is responsible for filing ALL claims. All students needing medical treatment must be seen by a doctor within thirty (30) days and claims should be filed with the insurance company within sixty (60) days. If you have any questions regarding these procedures, please feel free to call Tammy Sykes, school nurse, at 562-8324 or 347-3210, extension 518.

STUDENT DIRECTORY INFORMATION

Parents or eligible students are hereby notified of their right to refuse the release of student directory information. Notice of refusal must be sent to William Cartwright, Superintendent, Edwards-Knox Central School, P.O. Box 630, Russell, New York 13684, by September 22, 2003. If notice of refusal is not received by this date, the District may release such information to an outside group without individual consent. If you have refused to release this information in previous years, you still need to renew your refusal every year. The Family Education Rights and Privacy Act (FERPA) defines student directory information as the following: name, address, telephone listing, date and place of birth, major field of study, participation in officially recognized activities and sports, weight and height (if members of athletic teams), degrees and awards received, the name of the educational agency or institution previously attended by the student.

ELEMENTARY NEWS
By: Sue Kelly, Principal

The new school year is just about here. You can help make it more successful by following a few simple steps. There are three key words for students to learn and understand. They are responsibility, readiness, and routine. Together all of these traits can make a difference.

Help to create a simple routine to increase the number of stress-free mornings.

*Each evening before bed, pick out clothes for the next day, pack a lunch, and place items to go to school in one location. It is quicker and easier to grab everything and go!

*Discuss a bed time with your child that meets their needs. Being consistent and firm is the best approach. It is recommended that children need between eight to ten hours of sleep each night.

*Lastly, help your child to be organized. It is their responsibility to bring things back and forth to school each day. Mark important dates and events on the calendar. Help them to learn their schedule of physical education, band, and after-school events. This avoids being unprepared.

All of these tips are things everyone can do, and with practice, it will get easier. Forming good habits is hard work.

Upcoming Events

September 6: Opening Day (7:45 school starts)

September 8: Buster the Bus presentation for grades K-3

September 8: Parents' Association meeting at 7 p.m. in the Library

September 16: Parents' Association fundraiser

September 21: Deer Club Bake Sale (grade 6)

October 5: Deer Club Bake Sale (grade 5)

October 6: Parents' Association meeting at 7 p.m. in the Library

October 11-14: Scholastic Book Fair

October 12: Grandparents' Breakfast for grades K-2 (downstairs cafeteria)

October 13: Grandparents' Breakfast for grades 3-6 (downstairs cafeteria)

October 13: Open House/Conferences

What to Purchase

Each teacher has a specific list of items that will be necessary for students in their particular classroom. The elementary office has a copy of each grade level's list so don't hesitate to call for a copy.

Handouts to Look For

Each year it is necessary to update our files and send home a variety of forms that need to be filled out and returned in a timely fashion. What to look for:

- 1) Emergency Information Sheet
- 2) Photo Permission Form
- 3) Free and Reduced Lunch Application
- 4) Student Handbook (Parent, Student, & School Compact)
- 5) Code of Conduct
- 6) Individual teacher's letters

School Hours

All students begin their day at 7:45 a.m. where they will either report to breakfast or go to their classroom. Any child reporting after 7:45 needs to be signed in by a parent or adult at the elementary office before going to their classroom.

The elementary students are dismissed at 3:07 to begin boarding the busses **Monday through Thursday**. Busses leave the school at **3:15**. Each **Friday** students are dismissed early, and the busses are to leave the school at **2:45**. Please be sure to make the necessary arrangements for someone to be home to meet the children at these times.

Some parents have requested that their children be dropped off regardless if there is a car in the driveway or if someone isn't home. If this is the case, please send a letter into the office stating your wishes, and it will be shared with the bus garage.

Box Tops For Education

Last year we received over \$700 in Box Tops monies for our playground fund. Again this year, we will start right in collecting Box Tops. A complete list of products containing Box Tops will be sent home with the students in September.

Volunteers

Do you enjoy reading stories, coloring, taking walks, talking with children, or playing board games? If you answer yes to any of these things and you are able to volunteer up to 30 minutes or more a week, give Ms. Kelly a call at 562-3284.

This year I'd like to be able to offer fun activities to our students during lunch time. Often the students have free time after eating, and they would enjoy being engaged in an activity.

Don't hesitate to try it out and see if it works for you. We have a variety of ages and can help you feel most comfortable.

ELEMENTARY BASKETBALL

Who: 3rd - 4th Grade Girls and Boys
When: Beginning in September, 2005
Where: E-KCS



Coach Amo of the E-KCS Basketball Coaching Staff is continuing the basketball program for 3rd & 4th graders in September. Like the last four years, this program will stress basic basketball skills for both girls and boys and a schedule of Saturday practices will be forthcoming.

If you are interested in participating in this co-ed basketball program, please return the permission slip below, back to the school. Once we are able to determine specific times that the gymnasium is available, we will send notices home to those children that wish to participate. We anticipate running this program for approximately two months. We look forward to seeing you and having some fun in the gym.

I give permission for _____ to participate in the 3rd & 4th grade co-ed basketball program.

Parent/Guardian Signature	Date
Classroom teacher/Grade _____	Phone # _____

Women's Soccer

8/30 Home Scrimmage
 9/1 Home Scrimmage
 9/3 Tournament
 9/5 Tournament
 9/8 vs. HEUVELTON
 9/13 @ Harrisville
 9/15 vs. LISBON*
 9/20 @ Hammond*
 9/22 vs. C-F*
 9/27 @ Morristown
 9/28 @ Morristown**
 9/30 vs. H-D*
 10/4 @ Heuvelton*
 10/6 vs. HARRISVILLE*
 10/10 vs. HAMMOND*
 10/12 @ Lisbon*
 10/18 @ C-F*
 10/21 vs. MORRISTOWN*
 10/24 @ H-D*

Men's Soccer

8/27 Away Scrimmage
 8/29 Home Scrimmage
 9/3 Tournament
 9/5 Tournament
 9/8 @ HEUVELTON
 9/13 vs. Harrisville
 9/15 @ LISBON*
 9/19 vs. Hammond*
 9/22 @ C-F*
 9/27 vs. Morristown*
 9/30 @ H-D*
 10/4 vs. Heuvelton*
 10/6 @ Harrisville*
 10/12 vs. Lisbon*
 10/14 @ Hammond*
 10/18 vs. C-F*
 10/21 @ MORRISTOWN*
 10/24 vs. H-D*

Swimming

9/3 Tournament-Maxcy
 9/6 vs. Franklin Academy*
 9/13 @ Salmon-River*
 9/16 @ St. Law. Central*
 9/20 vs. Gouverneur*
 9/27 @ Massena*
 9/30 vs. Canton*
 10/7 vs. Salmon River*
 10/11 vs. Potsdam*
 10/15 Home Tournament**
 10/18 @ OFA*
 10/21 @ Gouverneur*
 10/25 @ Canton
 11/5 Sectionals-Maxcy

* = Includes Mod. Girls
 ** = may be rescheduled.

* = Includes Mod. Boys

* = Includes modified team
 ** = modified only

SPORTS MEDICINE PROGRAM AT CPH

The Canton-Potsdam Hospital Physical Therapy Department is again offering a Wednesday evening (Note evening change from Monday to Wednesday for this year) Sports Medicine Program starting September 1, 2004 and then every other Wednesday until the end of school. This program is open to athletes who are participating in school sponsored sports teams. Any athlete who is injured or who has a problem that he or she would like evaluated can be seen free of charge by a physical therapist and Dr. Donald Henline, an orthopedist. They are also given guidelines on a safe return to sports. X-rays are taken free of charge, if appropriate. Permission of a parent or guardian is required. Appointments are made by calling 261-5460. The athletes are seen in the Physical Therapy Department, Center for Health Science, 59 Main Street, in Potsdam.

Please call 261-5460 if you have any questions or concerns regarding the program.

AGAIN, PLEASE NOTE, the evening for this year has been changed from Monday to Wednesday.

7-12 NEWS

Mr. Jeff Davis, Principal

EMERGENCY INFORMATION CARDS

Emergency Information sheets will be sent home in August with student schedules. It is extremely important that you complete this information and return it to the school as soon as possible. This is our way of knowing your wishes in the event of an emergency with your child(ren) and ensuring their safety. Please return them promptly, and remember that should you wish to change any of the information on the sheet you may do so by stopping by the High School office or writing a note indicating the change you wish to be made.

7-12 News
Jeffrey Davis, Principal

TOP ACHIEVERS

The following students received recognition as Top Achievers at Southwest Tech BOCES for the final marking period this past spring. Some have graduated and others are juniors and seniors for the coming school year. We'd like to recognize them for their achievements.

Roger Tresidder, Auto Tech I; Craig Kirkpatrick & Bradley Peacock, Auto Tech II; Andrew White, Building Trades I; Kyle LaPoint, Building Trades II; Sarah Allen & Gabrielle Baker, Cosmetology II; Charles Colton, Criminal Justice II; and Ryan Horne, Multi-Occupations II. GREAT JOB EVERYONE!!

EMERGENCY INFORMATION CARDS

Emergency Information sheets will be sent home in August with student schedules. **It is extremely important that you complete this information and return it to the school as soon as possible.** This is our way of knowing your wishes in the event of an emergency with your child(ren) and ensuring their safety. Please return them promptly the first day of school, and remember that should you wish to change any of the information on the sheet you may do so by stopping by the High School office or writing a note indicating the change you wish to be made.

HIGH SCHOOL EVENTS

August 24, 2005	7 th Grade and New Student Orientation @ 6:30 in the auditorium
September 1 & 2, 2005	Staff Development Days - No School for students
September 5, 2005	Labor Day - No School
September 6, 2005	School Opens
September 15, 2005	Josten's will be here to take Ring orders
September 17, 2005	Music / Marching Band Banquet
September 29, 2005	Academic Awards Assembly in evening
October 7, 2005	End of the 1 st Interim Report Period
October 10, 2005	Columbus Day - No School
October 13, 2005	Fall Conference from 3:30 to 7:30 PM 11:30 Dismissal of ALL students
October 14, 2005	Interim Reports distributed to students *
November 9, 2005	11:30 Dismissal of ALL students (End of 1 st Marking Period)
November 10, 2005	Staff Development Day - No School for students
November 11, 2005	Veteran's Day - No School

* **Please note** - If you do not come to the **Fall Conference** October 13th to pick up your son/daughter's interim report(s) that they will be distributed to students on October 14th.

GRADES 5 - 8 HOMEWORK CLUB

A number of students stay after school on Tuesdays and Thursdays from 3:15 to 4:30 as part of the Homework Club, funded by the 21st Century Learning Grant. Busing and two to four teachers are supported through this four year grant. Our teachers assist students on their homework. Students not only enjoy getting assistance with homework but also have a little time to socialize as well. Mrs. Hamilton, 7-12 Art Teacher, has students staying after on Tuesdays and Thursdays and students can also stay for Liberty Partnership activities with Ms. Claudia McDonald. We are fortunate to have dedicated staff, cooperative students and supportive parents in the Edwards-Knox Central School District. This year we will have some additional options after school as part of our efforts to offer extended "enrichment" opportunities to students in grades 5-8. Ask your 5-8 grade student to talk with you about the options we will be providing this year. Look for the explanation letter we will be sending via their classroom teacher(s).

READING IS IMPORTANT

Each morning our students read from 7:50 to 8:05 am. It is an important time for students as they start their day in a positive way. Each year a smaller percentage of students spend time reading for pleasure. Teachers and parents can help students develop the habits they need to become effective readers. Encourage your son/daughter to read by suggesting ideas such as these:

- Take responsibility for your own reading. Read what you want to read. Take the time to read regularly. Do you want to increase your reading speed? Pass the time? Gain new knowledge? All these can be accomplished if you read. Share your thoughts with others in an online discussion. Try new authors, new magazines and new formats like the e-book or even listen to books on tape as you go on a trip of one hour or more. This will encourage a love for books and reading.

STUDENTS: BE RESPONSIBLE DRIVERS

This year students must again complete a contract/registration form in order to drive a vehicle to school and home again. Driving to school is a privilege, not a right and students must exercise caution and be safe drivers while on school property. Some students will lose the privilege to drive for ten weeks as a result of reckless actions with their vehicles on school grounds or for violating other school rules, such as not being to their classes on time, being disrespectful to staff and cutting class. Please encourage your son or daughter to drive carefully and safely on or around school property and to follow our school rules.

SHARING WITH THE BOARD OF EDUCATION

Last year different departments, grade level and subject area teachers were invited to the Board of Education to give a 10-20 minute summary/review of what they were working on with students. The presentations were informal and informative in explaining what is involved and covered in the core curriculum as well as what projects, special programs and activities our students participate in each year. We will continue to provide these ongoing presentations during the 2005-2006 school year.

1 - 2 - 3 STRIKES YOU'RE OUT

Students who violate school rules and receive a referral/pink slip are assigned a detention. If the student does not attend the assigned detention he/she is assigned two detentions. If either of the two reassigned detentions are not attended, for reasons other than family emergency or excused in advance by the principal for extenuating circumstances, the student will be assigned In School Suspension one day. Any additional referrals within a short time frame may result in a day of suspension out-of-school.

SURVEILLANCE CAMERAS

We have a number of surveillance cameras inside and outside our K-12 building. Our cameras serve as a deterrent for some of the inappropriate activities that could take place in a school building and on school grounds such as fights and bullying, reckless driving on school grounds, and they serve as a visual record of what took place if we need to review a situation that occurred in view of a camera. Our district surveillance cameras will only be utilized in public areas where there is no "reasonable expectation of privacy". We will also be posting stickers advertising to the public we have surveillance cameras in our school.

COLLEGE COURSES ON THE DISTANCE LEARNING NETWORK

Students pay \$200 of college tuition per course. School will pay the balance of tuition and text books. Distance Learning High School Courses: there is no fee.

DRESS CODE

We are in the process of reviewing and updating our Edwards-Knox school "Dress Code", which is listed in our school Code of Conduct document, developed in June of 2001.

The issue of school dress is put to the test during warmer months, such as September, October, May and June when some students wear clothing that is believed to be unacceptable.

A committee of students, parents, community members, teachers and administrators has been formed to develop some clearer guidelines and examples of appropriate and inappropriate attire. If you would like to be involved on our committee to review our Code of Conduct and Dress Code, please contact Ms. Kelly, Elementary Principal, or Mr. Davis, 7-12 Principal at 562-3284, 562-3227 or 347-3410.

RETURNING TO SCHOOL

September 6th is the first day of school. On this day, you will need to bring with you the Emergency Information Sheet and your schedule, your materials and supplies requested by each teacher, a book for reading in the morning if you don't go to breakfast here at school, and a note if you plan to drive or ride with someone or transport another student. Each student who drives should come to the H. S. Office to pick up a Student Parking registration/contract form. These forms need to be returned the next day and will be kept on file in the office. Locker cards will be given to your first period, day 1 teacher. If you don't get a locker card or if you have a problem with your locker, please see Mrs. Whitford in the H. S. Office. Only ONE LOCKER per student please.



Remember to be a Fan, Not a Fanatic, at Athletic Events



Teens benefit from participation in sports. They learn how to work as part of a group. They build muscles and skills. Some may even earn scholarships to college.



Parents have a role to play in helping young athletes. They must show them how to be good sports. Here are some tips to make sure you're a fan and not a fanatic:



- Remember who's on the field. Don't try to live through your child.
- Remember ROOTS - respect Rules, Opponents, Officials, Teammates.
- Take the long view. Nearly all kids who play sports will not end up as professionals. Do what you can to make sure your teen enjoys sports for a lifetime.
- Don't be the coach. During the game, let the coach be the person who tells players what they're doing wrong. Focus on what all players (not just yours) are doing right.
- Don't embarrass your child. Before you get angry or yell at a referee, ask one thing. "Will this embarrass my child or our team?" Then keep quiet.
- Let your athlete know you're proud of him no matter what the outcome of the game.



Staff Development Days September 1 & 2, 2005 - Staff Only.

School starts for students on Tuesday, September 6, 2005.

Fall Conferences in the high school are being held on October 13, 2005.

Physical Education Exemption

Students on Varsity Teams - Students who are participating on Varsity athletic teams can use an "extra-class" athletic program for physical education credit if:

"They are scheduled into their regular physical education class and demonstrate they have achieved acceptable levels/standards of physical fitness and have acquired the knowledge of the instructional activities of the class" (8 NYCRR 135.4(c)(2)(ii)(c). Once the extra-class athletic program has ceased, the students must return to class.

Students who have a "full schedule" and believe they have extenuating circumstances warranting exclusion from physical education class for one or more sports seasons and can meet the above criteria must present their request for exemption from physical education class before a review committee of seven consisting of: Athletic Director, Principal, P.E. Teacher, Coach, Neutral Coach, Guidance Director, and Student. A ruling will be made and announced to the student that day.

Swimming Proficiency

In February and March of 2004, eighth, ninth, tenth and eleventh grade students who were interested were tested to determine if they are proficient swimmers. Students who met the standard for "Proficient Swimmer" have the option of not swimming during physical education classes during the 2004-2005 school year. A prerequisite for being able to "Test Out" of swimming was that a student was able to tread water for three minutes. The test was administered and supervised by an instructor with WSI certification and two physical education teachers and included the following:

- ~ Jumping in water over one's head
- ~ Swimming a total of 500 yards (ten laps up and back = 1/4 mile continuous)

Students will be tested each year in grades 8 and 10 to determine their on-going proficiency.

GUIDANCE NEWS
Linda Alford - Guidance Counselor

PROGRAMS FOR JUNIORS AND SENIORS THIS FALL

SUNY Road Show

Harrisville will host the "SUNY ROAD SHOW" on Wednesday, September 21, 2005. This program brings representatives from several State University campuses to discuss the advantages of SUNY and inform us about new changes. This program will be informative for all juniors and seniors.

College Fair

Juniors and Seniors will also be invited to visit the Golden Dome in Ogdensburg on Tuesday morning, October 4, 2005 for the "College Fair". This program will bring together many college representatives from New York State, other northeastern states and Canada. Represented will be four-year colleges, two-year colleges including community colleges, and the military branches. In addition to the morning event, the "College Fair" will be set up at St. Lawrence University during that evening for all community members.

Please fill out and return the attached permission form to the Guidance Office at the start of school if you intend to participate in these programs during school.

Informational Meeting for Seniors and Parents

Ms. Alford will host an informational meeting for seniors and their parents regarding the college application process. Please mark the date : September 20, 2005 at 6:30pm in the school library.

ACT/SAT TESTING DATES & REGISTRATION DEADLINES

Seniors who are planning to go to college and have not yet taken or would like to retake the SAT or the ACT test should consider doing so as soon as possible. Juniors who would like to take these tests are encouraged to wait until May or June of this year. The registration deadlines and their test dates are listed below. Registration materials may be picked up in the Guidance office.

ACT

Tests of the American College Testing Program are required or accepted by most colleges. Students should carefully check the catalog of each prospective college to determine whether the examinations are required.

<u>Registration Deadline</u>	<u>Test Date</u>
October 22, 2005	September 16, 2005
December 10, 2005	November 4, 2005
April 8, 2006	March 3, 2006
June 10, 2006	May 5, 2006

Test Fee: \$29.00

Optional Writing Test Fee: \$14.00

Late Fee: \$ 47.00

Fee waivers may be available in the Guidance Office for students who qualify for a reduced or free lunch.

Scholastic Aptitude Test (SAT)

<u>Registration Deadlines*</u>	<u>Test Dates</u>
Sept. 7, 2005	Oct. 8, 2005
Sept. 30, 2005	Nov. 5, 2005
Oct. 28, 2005	Dec. 3, 2005
Dec. 22, 2005	Jan. 28, 2006
Feb. 24, 2006	Apr. 1, 2006
Apr. 3, 2006	May 6, 2006
Apr. 28, 2006	Jun. 3, 2006

* Registration materials must be postmarked by this date.

Fee : \$41.50

Late Registration Fee \$61.50

CEEB/ACT HIGH SCHOOL CODE NUMBER : 334949

Arrangements for special testing situations for students with learning disabilities may be made by contacting the CEEB or the American College Testing Program. Paperwork needs to be filed well in advance of the desired test date for modifications. Contact Ms. Alford for more details.

For more information check out the following web page:

For SAT - www.collegeboard.com

For ACT - www.act.org

SENIOR TRANSCRIPT REVIEW

Seniors should also make an appointment in September to meet with Ms. Alford to review their transcripts and discuss plans for their future. It is also important at that time of year to start narrowing the choices of colleges that you will apply to.

PSAT TESTING FOR JUNIORS

The **PSAT** (Practice SAT) is available for Juniors to take this year. It will give them the opportunity to experience this type of testing. Students will also receive a report similar to the SAT Report. The **PSAT** will be given on **Wednesday October 12, 2005. There is a charge of approximately \$12.00 per student.** It will be given in the morning during school hours.

Why would a junior choose to take the PSAT?

- * Compare their ability to do college work with the ability of college-bound peers
- * Practice for the SAT I, a college admission test with similar questions and scores
- * Enter scholarship competitions conducted by National Merit Scholarship Corporation and other programs
- * Receive information from colleges, universities, and certain scholarship programs about educational and financial aid opportunities

For more information check out the following web page: www.collegeboard.com

GUIDANCE NEWS CONT'D.

ASVAB TESTING FOR JUNIORS IN THE SPRING

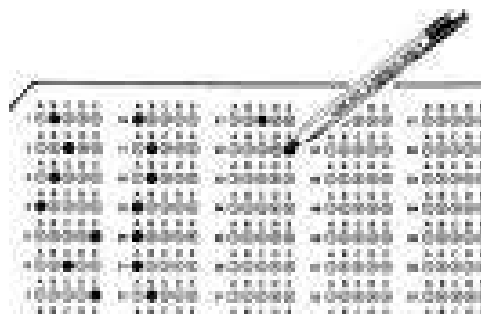
As part of the Comprehensive Guidance Plan juniors will take part in the ASVAB Career Exploration Program. This program is designed to help students learn more about themselves and the world of work, to identify and explore potentially satisfying occupations, and develop an effective strategy to realize their goals. As students explore occupations in line with their interests and skills, your student will develop career exploration and planning skills that will last a lifetime. The ASVAB Career Exploration Program focuses on:

- Identifying a students interests, skills, and work related values
- Matching a students interests and skills with occupations
- Learning where and how to get information on different careers
- Developing career decision-making skills

The ASVAB is a multi-test aptitude test battery. It consists of eight short individual tests covering General Science, Arithmetic Reasoning, Word Knowledge, Paragraph Comprehension, Mathematics Knowledge, Electronics Information, Auto and Shop Information, and Mechanical Comprehension. Not only do students receive scores on each of these individual tests, students also receive career exploration scores. These scores are the results of individual tests combined to yield three career exploration scores: Verbal Skills, Math Skills, and Science and Technical Skills.

The ASVAB is administered and interpreted in schools by specially trained test administrators from the Federal Government. There will be activities for students to compare their interests and abilities to over 400 civilian and military occupations. There is no new demographic information released due to participation in this program that isn't already available to military recruiters due to the "No Child Left Behind Act" unless you have requested your child's information not be released. There is more information regarding this procedure at some other point in this newsletter.

Students will take this aptitude test on Tuesday, April 4, 2006 with an official interpretation at some point after that.



GUIDANCE NEWS CONT'D.

GRADUATION REQUIREMENTS

High school graduation requirements can seem very complicated. I would like to try to simplify some points and also take this opportunity to inform you of changes the New York State Board of Regents made in late June regarding testing requirements.

There are actually three (3) distinct areas of requirements. They are: 1) units or credits a student must earn; 2) courses a student must pass; and 3) exams a student must pass.

	Local Diploma	Regents Diploma	Advanced Regents Diploma
1) Units or Credits	22 Units	22 Units	22 Units
2) Courses Required	English (4 Units) History (4 Units) Math (3 Units) Science (3 Units) Spanish (1 Unit) Art/Music (1 Unit) HS Health (½ Unit) Physical Ed. (2 Units)	English (4 Units) History (4 Units) Math (3 Units) Science (3 Units) Spanish (1 Unit) Art/Music (1 Unit) HS Health (½ Unit) Physical Ed. (2 Units)	English (4 Units) History (4 Units) Math (3 Units) Science (3 Units) Spanish (3 Units)* Art/Music (1 Unit) HS Health (½ Unit) Physical Ed. (2 Units)
3) Test Requirements	See Chart Below	See Chart Below	See Chart Below

Another Diploma Option (IEP) may be determined by the Committee for Special Education.

Required units and courses may be different for students with an IEP through the Committee on Special Education.

* Students can substitute an Occupational Sequence for their Foreign Language Requirement - See Ms Alford for more information.

Changes in the New York State Testing Requirements for Graduation for Current Students as of July 2005

Year Entered 9 th Grade	Local Diploma Requirements	Regents Diploma Requirements	Advanced Regents Diploma Requirements	Diplomas w/ Honors
2004 and Before	can score 55% - 64% on 5 required exams	must score 65% or higher on 5 required exams	must score 65% or higher on 8 required exams	An average of 90% or higher on all Regents exams required for diploma.
2005	can score 55% - 64% on 3 required exams. Must score 65% or higher on 2 require exams	must score 65% or higher on 5 required exams	must score 65% or higher on 8 required exams	An average of 90% or higher on all Regents exams required for diploma.
2006	can score 55% - 64% on 2 required exams. Must score 65% or higher on 3 required exams	must score 65% or higher on 5 required exams	must score 65% or higher on 8 required exams	An average of 90% or higher on all Regents exams required for diploma.
2007	can score 55% - 64% on 1 required exams. Must score 65% or higher on 4 required exams	must score 65% or higher on 5 required exams	must score 65% or higher on 8 required exams	An average of 90% or higher on all Regents exams required for diploma.
2008	no longer available	must score 65% or higher on 5 required exams	must score 65% or higher on 8 required exams	An average of 90% or higher on all Regents exams required for diploma.
Required Exams	ELA, Global History, US History, Math A, Living Environment	ELA, Global History, US History, Math A, Living Environment	ELA, Global History, US History, Math A, Living Environment, A Physical Science, Math B, Spanish*	

* Students can substitute and Occupational Sequence for their Foreign Language Requirement - See Ms Alford for more information.

Required tests may be different for students with an IEP through the Committee on Special Education.

COLLEGE FAIR PERMISSION SLIP - JUNIORS AND SENIORS
Please return to the Guidance Office

September, 2005

Dear Juniors, Seniors, and their Parents:

On Tuesday morning, October 4, 2005, we will be busing college-bound juniors and seniors, who wish to attend, to a "College Fair" at Ogdensburg Free Academy's Golden Dome. Representatives from over 100 2-year and 4-years college will be there to answer question and hand out materials about their schools. Recruiters from the armed services, reserves, and ROTC programs in addition to student loan and financial aid personnel will be there to provide information about their specialty areas.

On Tuesday evening from 6:30 - 8:30 p.m. this event will move to the Augsbury Field House on the St. Lawrence University campus. This is an excellent opportunity for parents to attend with their son/daughter to "check out" a great number of colleges all in one evening!

If your son or daughter would like to attend Tuesday morning's program, please sign the permission slip below and return it to the Guidance Office by Tuesday, September 27, 2005. We must give OFA a firm number of students attending. We will be leaving the building at 8:45am and returning to school for lunch.

We hope many parents and students will take advantage of this fine opportunity.

Sincerely,

Linda J. Alford
Guidance Counselor

My son/daughter, _____, has my permission to attend the College Fair at Ogdensburg Free Academy on Tuesday morning, October 4, 2005 I understand all participating students will ride school transportation to and from OFA. (Students will leave at the end of 1st period and return to E-KCS in time for lunch.)

Date

Parent/Guardian Signature

SUNY ROAD SHOW PERMISSION SLIP - JUNIORS AND SENIORS
Please return to the Guidance Office

September, 2005

Dear Parents:

On Wednesday, September 21, 2005, in the afternoon, we will be busing college-bound juniors and seniors to Harrisville for the "SUNY Road Show". Representatives from several State University campuses will be there to introduce students to the SUNY system and the overall college selection process. They will also provide information about financial aid, the admission process, academics and college life.

If your son or daughter would like to attend, please sign the permission slip below and return it to the Guidance Office by Wednesday, September 14, 2005.

We hope many students will take advantage of this fine opportunity.

Sincerely,

Linda J. Alford
Guidance Counselor

My son/daughter, _____, has my permission to attend the "SUNY Road Show. I understand all participating students will ride school transportation to and from Harrisville.

Date

Parent/Guardian Signature

MARCHING COUGAR NEWS

Keith Ziemba, Director

The Marching Cougars have just completed an enjoyable summer, not just being competitive, but also having a great time doing it. Students and fans alike enjoyed an unusual routine set to music from "Pirates of the Caribbean." The band wore bandanas and hanging strings of jewelry, Tucker O'Brien dressed as Captain Jack Spratt and twirled a sword, the color guard had a fight scene complete with the dueling sabers of Arlene McFerran and Michaela Webb, and we killed off Mindy Oatman and majorette Erica Grimshaw in the process. The band grew from 35 in 2004 to 47 in 2005, and we hope to continue to grow. It's a great activity for the students, and we learn that hard work pays off in the end. Everyone enjoyed themselves! One highlight of the season was our trip to Great Escape. It was a great time, with perfect weather and lots of activities. We'll be looking for more members in the spring!

We'd like to take this moment to thank and say goodbye to our seniors, most of who have marched since sixth grade. They are Chuck Colton, Erica Grimshaw, Ashley Rulffes, Arlene McFerran, and first timer Mike Clesi. We'll miss you greatly! Also thanks to our volunteer instructors Jamie Chonka and Eric Ziemba, Mary Jo Rulffes for helping with water and organizing the meals at the county fair, and to all the parents and bus drivers that helped us throughout the season. We lose Mary Jo's daughter Ashley, so Ben, you'll HAVE to march next year so we can keep her around!

The band topped every band at least once this year with the exception of OFA. Erica Grimshaw received two 2nd place finishes and one first place award. Our flags received many awards, and the 2 girl saber team won an award at the battle of the bands. The small drum section made steady progress throughout the season, and received the 3rd place drumline award at the Battle of the Bands, and Tenor Sax soloist Jesse Sovie was 2nd in the soloist category. Eight year old Tucker O'Brien won the first place award at the Carlton Peck Parade for best drum major.

The Cougars were challenged by some very difficult music and routine, and with about half the band being rookies, they met the challenge and were successful. Their director and instructors are very proud of them! Hope to see you at the banquet in September.

**Please welcome the following new
staff members to Edwards-Knox:**

Ms. Rosario Love - Foreign Language Teacher

Ms. Joanna Bush - One-year Mathematics Teacher

To Be Announced - Kindergarten/Remedial Reading Teacher



CAFETERIA NEWS

Kathleen Whitmarsh, Cook Manager



I hope everyone has had a wonderful summer so far. I have really enjoyed it.

Now is the time to fill out Free/Reduced Applications. You should fill them out even if you think you won't qualify. It never hurts to try and our school district benefits from approved applications.

This year we have found it necessary to raise breakfast and lunch prices. Breakfasts will go from \$.55 to \$.65. Lunch prices will rise from PK-6 \$1.25 and 7-12 \$1.50, to PK -3 \$1.35, & 4-12 \$1.60 for paid lunches. The price for reduced Breakfast and reduced Lunch would stay at \$.25.

I have tried to help get the program balanced and still keep the rising cost as minimal as possible. Federal guidelines require me to feed the same amounts of food to 4-6 grades as I feed 7-12 grades. I thought it would be more fair to bring those costs where they should be and only raise the overall cost \$.10 a meal for both breakfast and lunch. Of course if you qualify for free lunch and breakfast this price raise has no effect on you at all.

I have also raised the cost of a la Carte items to try to keep a student meal as cheap as possible. The cost of health insurance has risen. With the price of gas the way it is, it has made the cost of food rise a lot (as you know if you shop in stores). Also the cost of worker's compensation and retirement is up. With all these things and more, we had no choice but to raise meal prices.

I will be in the office a lot if you want to check and see if your student owes anything. We are not supposed to allow anyone to charge over 3 days without paying or they must bring a lunch. It puts my cashiers in a hard place to tell someone they cannot have a meal because they owe too much. It also embarrasses the child. So please don't cause these stressful situations. Pay your accounts up or send a meal. If you have a problem please call me and I will do my best to work with you. Please fill out a meal application if you cannot afford to pay for meals. Did you know that students in college qualify as a member of your household on your free and reduced application? Call me for help.

I will have the meal applications on line so you may download the form again this year, as well as in the newsletter, and you can always have your student ask the cashier, or call me and I will send you one.

I will have the Menu on the Cougar Home page, as well as news items, newsletters and tidbits of information, so please check the web page.

I look forward to working here again this year.

Sincerely,

Kathleen Whitmarsh
Cook Manager

Did you know that students in college qualify as a member of your household on your free and reduced application? Call me for help.



SEPTEMBER MENU






Mon	Tues	Wed	Thur	Fri
<p><i>Did you see the free and reduced meal application on page ??? If you qualify for these lunches, our school receives many benefits. Please apply or call us to discuss your eligibility.</i></p>				
<p>5 Labor Day No School</p>	<p>6 Hot Dogs/Bun French Fries Carrots Milk Pears</p>	<p>7 BBQ Rib/Bun Peas Potato Wedge Milk Fruit</p>	<p>1 Staff Development Day No Students</p> <p>8 Chicken Nuggets Green Beans Bread Milk Peaches</p>	<p>2 Staff Development Day No Students</p> <p>9 Pizza Baby Carrots Milk Fruit</p>
<p>12 Ravioli Peas Bread Milk Fruit Cocktail</p>	<p>13 Corn Dog Tossed Salad Bread Milk Fruit</p>	<p>14 Hamburg on a Bun French Fries Carrots Milk Pears</p>	<p>15 Hot Turkey Sandwich Mashed Potatoes Green Beans Milk Ice Cream</p>	<p>16 Fishburger French Fries Carrots Milk Pears</p>
<p>19 Pizza Green Beans Milk Fruit</p>	<p>20 Goulash Tossed Salad Bread Milk Fruit</p>	<p>21 Ham Dinner Mashed Potatoes Sweet Potatoes Milk Ice Juicee</p>	<p>22 Taco Day Rice Corn Milk Fruit Cocktail</p>	<p>23 Tomato Soup Grilled Cheese Sandwich Milk Fruit</p>
<p>26 French Toast Ham Hash Brown Milk Ice Juicee</p>	<p>27 Sloppy Joe/Bun Chips Green Beans Milk Fruit</p>	<p>28 Chicken Patty/Bun French Fries Carrots Milk Pineapple</p>	<p>29 Chicken/Biscuit Mashed Potatoes Carrots Milk Peaches</p>	<p>30 Chicken Soup Egg Salad or Tuna Sandwich Fresh Carrots Milk, Fruit</p>
<p>Kathy Whitmarsh Cafeteria Manager 562-8326, ex. 507 Fax: 562-2477 kwhitmar@ekcsk12.org P.O. Box 630 2512 Co. Rt. 24 Russell, NY 13684</p>	<p>Breakfast Every Day Cereal, Milk, Juice Some Days: Bagels/ Cream Cheese, English Muffins, Danish, fresh fruit, breakfast bars, donuts, eggs.</p>	<p>Peanut Butter & Jelly and subs offered every day as a lunch choice. Milk, fruit, & vegetable every day. Chef Salad Tue & Thur. Trail Mix most days</p>		<p>Breakfast: 7:45 A.M.</p> <p>Lunch: 11:00 A.M. - 1:00 P.M.</p>

2005

Menu subject to change without notice.



OCTOBER MENU

Mon	Tues	Wed	Thur	Fri
<p>3 Hot Dogs/Bun French Fries Carrots Milk Pears</p>	<p>4 Chicken Nuggets Green Beans Bread Milk Pineapple</p>	<p>5 Pizza Burger Tossed Salad Break Milk Apricots</p>	<p>6 Ham Dinner Mashed Potatoes Carrots Break Milk Ice Juicee</p>	<p>7 Tomato Soup Grilled Cheese Sandwich Milk Fruit</p>
<p>10 Columbus Day No School</p> <div style="text-align: center;">  </div>	<p>11 Pizza Green Beans Milk Peaches</p>	<p>12 Chicken Patty/Bun California Blend Vegetables Milk Fruit Cocktail</p>	<p>13 Spaghetti w/ Sauce Garlic Bread Tossed Salad Milk Applesauce</p>	<p>14 Chicken Noodle Soup Egg Salad or Tuna Sandwich Carrots/Celery Stix Milk, Fruit</p>
<p>17 Ravioli Peas Bread Milk Peaches</p>	<p>18 Hamburg on a Bun Pasta Salad Milk Pears</p>	<p>19 Cold Plate (Ham, Turkey, & Cheese) Maraconi Salad Roll, Milk Ice Cream</p>	<p>20 Meatloaf Mashed Potatoes Carrots Bread Milk Fruit</p>	<p>21 Pizza Green Beans Milk Peaches</p>
<p>24 French Toast Ham Hash Browns Milk Ice Juice or Fruit</p>	<p>25 Chicken Parm/Bun Tossed Salad Side of Spaghetti Milk, Apple Juice</p> <div style="text-align: center;">  </div>	<p>26 Sloppy Joe/ Bun Chips Green Beans Milk, Fruit</p> <div style="text-align: center;">  </div>	<p>27 Taco Day Rice Corn Milk Fruit Cocktail</p> <div style="text-align: center;">  </div>	<p>28 Fishburger French Fries Carrots Milk Pears</p> <div style="text-align: center;">  </div>
<p>31 Chicken Nuggets Green Beans Bread, Milk Pineapple</p>	<p>Breakfast Every Day Cereal, Milk, Juice Some Days: Bagels/ Cream Cheese, English Muffins, Danish, fresh fruit, breakfast bars, donuts, eggs.</p>	<p>Peanut Butter & Jelly and subs offered every day as a lunch choice. Milk, fruit, & vegetable every day. Chef Salad Tue & Thur. Trail Mix most days.</p>		<p>Breakfast: 7:45 A.M.</p> <p>Lunch: 11:00 A.M. - 1:00 P.M.</p>
<p>Kathy Whitmarsh Cafeteria Manager 562-8326, ex. 507 Fax: 562-2477 kwhitmar@ekcsk12.org P.O. Box 630 2512 Co. Rt. 24 Russell, NY 13684</p>				

2005

Menu subject to change without notice.

PUBLIC REFERENDUM TO PURCHASE PLAYGROUND COMPONENTS AND REPLACE SWIMMING POOL LINER

Public Meeting - Monday, September 19, 2005 @ 7:00 P.M.
Public Vote - Monday, September 26, 2005 from Noon - 9:00 P.M.
E-KCS Auditorium

Proposition No. 1 - Playground

Over the last few years the playground at Edwards-Knox has deteriorated and become dangerous, because of the splinters from the pressure-treated wood used in it's construction. At this point it has been dismantled and the only playground equipment remaining for the children are swingsets.

The Parent Teacher Association has been raising funds to replace the playground and to date have a total of \$12,766.60. A committee was formed to study different ideas for a new playground and have narrowed their options to various components they feel the children will be interested in.

At their meeting on August 8, 2005, the Board of Education formally adopted a resolution to bring a referendum to the voters of the district to purchase a playground not to exceed a sum of \$85,000.00 (Eighty-Five thousand dollars), utilizing the \$12,766.60 raised for this purpose by the PTA and taking the remaining required funds from the district's fund balance.

Proposition No. 2 - Pool Relining

The swimming pool at Edwards-Knox is approximately 15 years old and is in need of some repair. Over the years blisters have appeared in the lining of the pool and we are at a point where maintenance is necessary. It doesn't seem like that long ago when the school was brand new, but with age comes deterioration and the pool is showing it's age.

These repairs will require us to drain the swimming pool so that a contractor can do the work. The pool may be closed for approximately 2-5 weeks.

For many years we have wrestled with iron and calcium in our water, causing staining on the walls and bottom. Cleaning these stains is hard on the surfaces of the pool. The remedy is to reline the pool. There are different ways to accomplish this and one is to replaster with the same material called Marcite, which typically has a 1-2 year warranty. A flexible PVC material is similar to the lining in a home pool and conforms to any shape, but is much thicker and tougher. This material carries a 10 to 15-year warranty. Also, there is a fiberglass system that completely covers the current structure in fiberglass layers, creating a pool within a pool. All three repairs have their good and bad points, but we are recommending the PVC type liner, mostly because of the installation time and the ease of repair. We estimate the cost of these repairs will not exceed \$50,000, which will be paid for from the district's fund balance. Once made, these repairs should last for 10-15 years.

We have seen many years of service from our pool with countless children being taught to swim that might not otherwise have the chance. To keep our pool from deteriorating further, we should be proactive in it's upkeep.

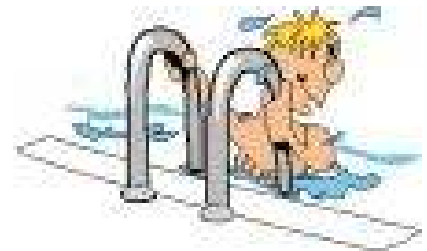
A public hearing on these two propositions will take place on Monday, September 19, 2005 at 7:00 P.M. in the district's auditorium. The vote for these propositions will be held on Monday, September 26, 2005 in the auditorium, from Noon to 9:00 P.M. We look forward to seeing you at the September 19 hearing to give you details about the playground project this relining project and the finance plans we will use to pay them.

Why do we have this money available from our fund balance? We received \$82,000 in state aid that we were not expecting from the state's final review of prior year's data. Additionally, when we created our budget last year, we estimated using \$300,000 from our fund balance to balance our budget. Subsequently, it was not necessary to use the entire \$300,000. Therefore, as a result of these two events we feel we can pay for these two projects from the fund balance, without increasing taxes to district residents. Please come to the meeting on September 19, 2005 so that we can discuss this with you.

PUBLIC REFERENDUM TO PURCHASE PLAYGROUND COMPONENTS AND RELINE SWIMMING POOL

**Public Meeting - Monday, September 19, 2005 at 7:00 P.M.
Public Vote - Monday, September 26, 2005 from Noon - 9:00 P.M.
E-KCS Auditorium**

See page 33 of this newsletter for details about this public vote.



**Edwards-Knox Central School
P.O. Box 630
Russell, NY 13684-0630**

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