

January-February 2005

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Cougar News

A Publication of the Edwards-Knox Central School Board of Education
Andrea Webb, President Karen Harmer Kelly Stone
Wheeler Maynard, Jr., Vice-Pres. Teresa Hogle Don Washburn
Amanda Fuller Dianne Hurley Tom Wood

SUPERINTENDENT'S COMMENTS

Dr. William Cartwright, Supt.

I. No Child Left Behind Act

The No Child Left Behind Act developed by the Federal Government has solidified one emerging trend: school leaders are change agents. Encouraging innovation has always been a part of the job description, but until recently the goal was modest incremental change that could be integrated into the existing system. Today the system itself is the target of reform. The task is formidable. Beginning next year we will be testing students in grades three through eight as well as in regents courses.

II. Bus Purchases

During the past two years we have not purchased any new school buses because of budgetary constraints. In the past we would purchase two buses a year place them in the budget, pay for the entire amount of purchase and receive state aid the following year. This past year the state revised the process of schools purchasing buses, and directed schools to either purchase them through bond anticipatory notes or statutory bonding. No longer can a school purchase the bus in one year and receive aid the next year. Consequently, it is time for us to purchase some buses because of needed repairs to some buses, and, or excessive mileage. Thank you for your support in approving the bus purchases during our December 16th vote.

III. Eleventh Grade ENGLISH LANGUAGE ARTS (ELA) TEST SCORES

School districts are required to submit student's scores to the New York State Education Department, in order for the state to review each district's level of achievement and student progress. The State Education Department only accepts this information from the district electronically.

Last year we submitted this information via our computer system. Unfortunately, while submitting this information via our computer system, our computer crashed. We resubmitted the information to the SED, once they made us aware that our information was missing. Unfortunately, the data we resubmitted to them was for three students,

rather than the entire group of forty-eight students. Although those three students taking the exam passed, their computer system assumes the other forty five students did not take, or failed the examination. Therefore, our district was given a performance index of 15, when our true performance index was 190, since ninety five percent of our students passed the test. This prompted the NYSED to name Edwards-Knox a SUR (School Under Review) school.

We immediately submitted the scores for the remaining forty-five students, our performance index was readjusted and we were removed from the SUR list. However, the NYSED will not change the data in their computer system to reflect our new index. Their reason is that they deal with test scored from over 4000 school buildings throughout the state and they cannot make exceptions to correct each school's Report Card results.

I tell you this to warn you that when you see Edwards-Knox Central School's report card early next year, or in the spring, you will see that our test scores for the 11th grade ELA are extremely substandard on this report but in truth our scores were excellent. Please feel free to contact my office with any questions you have regarding this information.

Dr. William Cartwright
Superintendent of Schools

Athletic Booster Club News

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The E-KCS Booster Club is sponsoring a March Madness Family Fun Night on Saturday, March 5th from 6:00 - 9:00 p.m. The highlights include a 3-on-3 basketball tournament, knockout contest, speed lay-up contest, foul shooting contest, and 3-point shot contest. All winners of the basketball contests win a March Madness All-star t-shirt. If you are not interested in basketball then check out the limbo contest, musical chairs, indoor soccer game or swim in the pool. There will be lots of fun activities throughout the night. Admission is \$3 for students and \$1 parents. Come out and join in the fun!!!!



ATHLETIC NEWS
Lori Brewer, Athletic Director

Cougar Athletics

2004 - 2005 Boys Varsity & J. V. Basketball Schedule

Coach Rob White and Coach Larry Amo

(J. V. games start at 6:00 unless otherwise noted)

Tues., Nov. 16 @ Madrid-Wadd Tourn (Var. only)
 Thurs., Nov. 18 @ Madrid-Wadd Tourn (Var. only)
 Sat., Nov. 20 Massena (scrimmage) 10:00
 Wed., Dec. 1 @ Hammond
 Mon., Dec. 6 Morristown
 Thur., Dec. 9 Hermon-DeKalb
 Mon., Dec. 13 @ Clifton-Fine
 Thur., Dec. 16 Harrisville
 Mon., Dec. 20 @ Lisbon
 Tues., Dec. 28 @ Burkman Classic
 Wed., Dec. 29 @ Burkman Classic
 Mon., Jan. 3 Heuvelton
 Thur., Jan. 6 Hammond
 Tues., Jan. 11 @ Morristown
 Fri., Jan. 14 @ Hermon-DeKalb
 Tues., Jan. 18 Clifton-Fine
 Fri., Jan. 21 @ Harrisville
 Fri., Jan. 28 Lisbon
 Tues., Feb. 1 Heuvelton

Cougar Athletics

2004 - 2005 Boys Modified Basketball Schedule

Coach Fred Foster

(Wed. games start at 6:00; Sat. games start at 9:00 am)

Wed., Jan. 5 Harrisville
 Sat., Jan. 8 @ Heuvelton
 Wed., Jan. 12 @ Lisbon
 Sat., Jan. 15 @ Hermon-DeKalb
 Mon., Jan. 17 Hammond
 Sat., Jan. 22 @ Clifton-Fine
 Wed., Jan. 26 @ Morristown
 Sat., Jan. 29 @ Harrisville
 Wed., Feb. 2 Heuvelton
 Sat., Feb. 5 Lisbon
 Tues., Feb. 8 Colton (Scrimmage)
 Wed., Feb. 9 Hermon-DeKalb
 Sat., Feb. 12 @ Hammond
 Tues., Feb. 15 Clifton-Fine
 Sat., Feb. 19 Morristown

Cougar Athletics

2004 - 2005 Girls Varsity & J. V. Basketball Schedule

Coach Fred LaPoint and Coach Lori Brewer

(J. V. games start at 6:00 unless otherwise noted)

Mon., Nov. 22 Round Robin Scrimmage (Var. only)
 Mon., Nov. 29 @ Potsdam
 Fri., Dec. 3 Hammond
 Tues., Dec. 7 @ Morristown
 Fri., Dec. 10 @ Hermon-DeKalb
 Tues., Dec. 14 Clifton-Fine
 Fri., Dec. 17 @ Harrisville
 Mon., Dec. 20 Lisbon
 Wed., Dec. 22 @ Don Petty Tournament
 Thurs., Dec. 23 @ Don Petty Tournament
 Tues., Jan. 4 @ Heuvelton
 Fri., Jan. 7 @ Hammond
 Mon., Jan. 10 Morristown
 Thurs., Jan. 13 Hermon-DeKalb
 Mon., Jan. 17 @ Clifton-Fine
 Thur., Jan. 20 Harrisville
 Thurs., Jan. 27 @ Lisbon
 Mon., Jan. 31 Heuvelton

Cougar Athletics

2004 - 2005 Girls Modified Basketball Schedule

Coach Stephanie Plaisted

(Wed. games start at 6:00; Sat. games start at 9:00 am)

Wed., Jan. 5 @ Harrisville
 Sat., Jan. 8 Heuvelton
 Wed., Jan. 12 Lisbon
 Sat., Jan. 15 Hermon-DeKalb
 Mon., Jan. 17 @ Hammond
 Sat., Jan. 22 Clifton-Fine
 Wed., Jan. 26 Morristown
 Sat., Jan. 29 Harrisville
 Wed., Feb. 2 @ Heuvelton
 Sat., Feb. 5 @ Lisbon
 Tues., Feb. 8 @ Colton (Scrimmage)
 Wed., Feb. 9 @ Hermon-DeKalb
 Sat., Feb. 12 Hammond
 Tues., Feb. 15 @ Clifton-Fine
 Sat., Feb. 19 @ Morristown

NEWS FROM MR. CURTIS' LIFE SKILLS CLASS

Our class has had a very busy and productive fall. We started the school year with some new students and staff members.

Some of the activities we have participated in so far this fall have been a plant raffle, where we gave away over thirty different potted plants donated by Carmen Wells of Wishing Wells Greenhouse. We also held a fall flower bulb sale, two bake sales and sold three Gingerbread houses which were donated by Marilyn Locke, Susan Brander and Catherine Curtis. All fundraisers were very successful.

For Halloween we went with Mrs. Lavenders' class to their annual dance at the Gouverneur Elks club where we got to see old friends from around the county and meet new ones.

At Thanksgiving this year we put on a turkey with all the trimmings dinner for those teachers and support staff here at the school that have worked with our students. We received many great compliments on our cooking.

Students in our community-based work program are working at the Edwards Nutrition Center, Bakers Grocery, Jim's Auto, Russell Public Library, the E-K cafeteria and Wishing Wells Greenhouse. Thank you to all the community members who support our class both at the worksites and through our fundraisers.



Science Fair 2005 March 10th

The Science Fair at the March 10th Open House is for all interested 5th - 8th grade students. Prizes will be awarded for 1st-3rd place and honorable mention. Projects must be turned in by Tuesday March 8th at 3:12 pm. Science faculty will be available to assist students after school on February 1st, 3rd, 8th, 10th, 15th, 17th and March 1st. See any science teacher for more information.



SCHOOL BASED HEALTH CENTER NEWS

ABSENTEEISM IS EXPENSIVE



STUDENT: Missing classes and extracurricular opportunities

PARENTS: Worry, lost work days and additional health care expenses with an ill child at home

Today, over 1400 school-based health centers deliver primary preventative and early intervention services to children of all grade levels nation wide. Edwards-Knox is fortunate to be part of this system.

The School Based Health Center is located in the school. The center is a partnership between the Edwards-Knox Central School, Clifton Fine Hospital, the family and community to provide health care to active E-K students. The Staff is a team of physicians and a nurse practitioner who provide services specifically tailored to the needs of children and adolescents. Comprehensive assessments, diagnosis and treatment of acute illnesses, well child exams, mental health counseling, chronic health managements, lab services, and prescriptions are commonplace in the health center.

The Health Center saw **401** individual students and had over **2,221 visits** during the 2003-2004 school year. The highest number of visits included infections that were treated and most often returned to class.

The Center has been successful because access is immediate and has become identified as a part of the school culture. Students use the health center because it is convenient, in a familiar setting and has staff who are comfortable with the school age population.

We believe the school has been enhanced by the health care presence. Students need to be healthy to learn.

In order for our School Based Center to survive, we must collect revenue to fund the center. The center does not take money from the school's educational budget or charge out of pocket expenses. Our funding is collected through grants and enrolled student's participating insurances.

To effectively continue our services at the school based health center, we encourage your support by:

- ❖ Enrolling your student in the program
- ❖ If you are uninsured, request information and assistance about programs such as Child Health Plus.
- ❖ Remember, students cannot use the services of the center unless a signed parent permission form is on file.
- ❖ Complete the enrollment updates, consents and return them to the School Based Health Center (MAILING ANTICIPATED JANUARY 2005)

The staff at the School Based Health Center thank you for your continued support and wish all healthy and happy holidays.

SCHOOL BASED HEALTH CENTER NEWS CONT'D.



NO FLU SHOT THIS YEAR?

You can still fight the flu. Here's what will work



- * Cover your nose and mouth with tissue whenever you cough or sneeze.
- * Dispose of used tissues in the trash.
- * Clean surfaces you touch frequently, such as door knobs, water faucets, refrigerator handles and telephones.
- * Wash your hands with soap and hot water or use a waterless hand gel after



- - Blowing your nose or coughing
- - using the bathroom
- - before and after eating
- - being in contact with someone who is ill

- * Boost your immunity, get plenty of rest, exercise and eat properly



THE UGLY TRUTH



- ✧ Students share close contact with other students and teachers all day, every day.



- ✧ Students can bring illnesses home with them and can infect family members.



**January/February Newsletter 2005
7-12 Grade News
Mr. Jeff Davis, Principal**

It's almost 2005.... Do you believe it?

Each new year brings excitement when we look at the date and realize we now have to remember that it is the next calendar year and we have to stop writing 2004 after every date we put on our papers or in our checkbook or in our schedule/plan book. The new year seems like it will be so long, lasting for months and months, twelve in all... but didn't 2004 go by fast? We wish everyone a safe and happy new year and many more to come, as we zip along together in 2005. If you have any questions about your son/daughter's courses or program or planning for college or anything, please call us and we'll do our best to make 2005 the best year yet for your child, and you!

Bus Infractions... an ongoing concern

We are experiencing an increase in the number of bus referrals this year. We frequently address such issues as disrespect towards the driver, monitor or other students, as well as bullying-type behaviors such as teasing and name calling and a general disregard for the rules that have been established to ensure a safe and peaceful ride to and from school for all students. We are reminded that riding a bus to school is a privilege and should not be taken for granted. Students who are violating bus rules and being inappropriate such as swearing or being uncooperative towards the driver will be put off the bus for one or more days and parents will be expected to transport their child for the time transportation is denied. Edwards-Knox Principals support our drivers and the job they have is a very difficult one. Inappropriate behaviors will not be tolerated on our busses and consequences such as losing one or more days of bus riding privilege will be the result of a failure to comply and follow the simple rules. As for seating arrangements on a bus... it is entirely the driver's discretion as to who sits next to whom and for how long.

Middle-Level Program at Edwards-Knox (What's new?)

Each time we have a Superintendent's Staff Development Day, such as we did on Friday, November 12, 2004, we plan a block of time for middle-level teachers, administrators, our K-8 counselor, and other related and involved staff in grades 5-8 to get together and discuss and plan for how we can better serve the student population that is "in the middle." Ten to fourteen year old students are going through the most difficult time of their lives with respect to physical, emotional, and social changes and keeping focused on all they have to keep track of is difficult to manage. Pressure to fit in, whether it is in the clothes one wears or the footwear or the "group" one associates with or how they talk or what they like or don't like, makes a big difference in how they feel about themselves and how they are accepted by their friends from one day to the next. We discuss these developmental needs of students and decide things like, do we have activities during lunch, like taking the 7/8 graders to the new gym on alternating days when no one is in there with a class during their 6A lunch period so they can shoot baskets or throw a football on the side of the gym or sit and visit on the three step high bleachers? Do we have a passing grade of 70 for students 5-8 or keep the grading procedure as is at 70 for grades 5 & 6 and 65 for 7 & 8? At the 10 week marking period we had 6th grade teachers entering grades on the computer for the first time, to be printed out with related comments instead of all hand written comments and grades. We talk about planning activities and events and even a dance or two for students at this grade and age level so it can be more meaningful and appropriate for them. We will keep you informed of our new ideas and possible changes so keep reading our Newsletters. If you have any questions at any time, please call us.

The University of the State of New York
THE STATE EDUCATION DEPARTMENT
 Curriculum and Assessment--1
 Albany, New York 12234

EXAMINATION SCHEDULE FOR JANUARY 2005

DRAFT - 10/12/04

<i>January 25</i>	<i>January 26</i>	<i>January 27</i>	<i>January 28</i>
<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
<i>8:15 a.m.</i>	<i>8:15 a.m.</i>	<i>8:15 a.m.</i>	<i>8:15 a.m.</i>
RCT in mathematics Comprehensive English Session One	RCT in science * Comprehensive English Session Two	RCT in writing Physical Setting/Chemistry Physical Setting/Physics RE in Global History & Geography	RCT in Global Studies Living Environment Mathematics B
<i>12:00 noon</i>	<i>12:00 noon</i>	<i>12:00 noon</i>	<u>Uniform Admission</u> <u>Deadlines</u> Morning Exams - 10:00 am Afternoon Exams - 2:00 pm
Mathematics A	RCT in U.S. History & Government Comprehensive French * Comprehensive Spanish Physical Setting/Earth Science	RE in U.S. History & Government RCT in Reading	

* Available in Restricted Form only. Each copy of a restricted test is numbered and sealed in its own individual envelope and must be returned, whether used or unused, to the Department.

DET 504 Ja (9-05-4,200)94-97595

UPCOMING HIGH SCHOOL EVENTS

January and February, 2005

Jan. 3	School Resumes at 7:45 am	Feb. 3	Parent Assoc. Meeting @ 7 pm
Jan. 5	After Grad Mtg in Library @ 7 pm	Feb. 4	Report Cards Distributed to Students to take home
Jan. 6	Parent Assoc. Meeting @ 7 pm	Feb. 16	8 th Grade Planning Night in Auditorium @ 6:30 pm
Jan. 17	Martin Luther King, Jr. Day - NO SCHOOL	Feb. 18	Billy Martin Circus sponsored by E-K Close Up
Jan. 21-24	Mid-Year / Final Exams	Feb. 21-25	Mid-Winter Vacation - NO SCHOOL
Jan. 25-28	Regents, RCT's and Prof. Exams		
Jan. 28	End of 2 nd Marking Period / 11:44 Dismissal of students		
Jan. 31	Start of Second Semester		

Student Government News

By Joey Zacharek

The Student Government is active in organizing events to brighten up school for the student body. The October event was the Pumpkin-Carving contest. The winners of that contest were the senior team of Chris Streit, Jason Dancause, and Justin Randall. In November there was the mock election. Senator Kerry won with 212 votes. This December the tradition of Winter Olympics lives on. This event is probably the most fun student government sponsored event in the school year, and has everyone from 7th graders to seniors making fools of themselves.

K-8 Guidance News Meg Bain, Counselor

The following schedule is tentatively set for the New York State Intermediate (Grade 8) Assessments:

English Language Arts 8:

Tuesday, January 11, 2005 and
Wednesday, January 12, 2005.

Science 8 (Performance Test):

Thursday, January 27, 2005.

Math 8:

Tuesday, May 10, 2005 and
Wednesday, May 11, 2005.

Social Studies 8:

Wednesday, June 1, 2005 and
Thursday, June 2, 2005.

Science 8 (Written Test):

Thursday, June 9, 2005

New York State Science 8 Practical Assessment January 27, 2005

On Thursday, January 27, 2005 **8th graders taking Science 8 and accelerated 7th graders taking Science 7/8** will sit for the NYS Science 8 Practical Assessment. Students may ride the bus to and from school at the regular bus times, or they may provide their own transportation to the exam. If a student will be riding with someone **not** already on file in the office, that student needs to bring a note from his/her parent and confirm it in the High School Office. This should be set up ahead of the test date. Students will be provided lunch if they need it due to their test schedule. This is an hour-long exam and as the date approaches, students will be given a specific time for their examination.

HIGH SCHOOL PLANNING NIGHT for 8th Graders and Parents

High School Planning Night for 8th graders and their parents will be held in the evening on Thursday, February 10th at 6:30PM. Students and parents will learn about graduation requirements, school policies, and the high school course offerings. A tentative 9th grade list of courses will be available, along with the opportunity to sign-up for a meeting with the High School Guidance Counselor. Invitations will be sent out in February.

7-12 Schedule During January Regents/RCT Week

Monday, January 24, 2005: Regular school day for all students, no regents exams.

Tuesday, January 25, 2005: 1st day of Regents Exams.

Grades 7 & 8: Regular school day.

Grades 9-12: Only students taking exams attend school*.

Wednesday, January 26, 2005: 2nd day of Regents Exams.

Grades 7 & 8: Regular school day.

Grades 9-12: Only students taking exams attend school*.

Thursday, January 27, 2005: 3rd day of Regents Exams and NYS Science 8 Practical Assessment.

Grade 7: No school unless student is enrolled in Science 7/8.

Grade 8: No School unless student is enrolled in Science 8.

Grades 9-12: Only students taking exams attend school*.

Friday, January 28, 2005: Last day of Regents Exams.

Grade 7: No School.

Grade 8: No School.

Grades 9-12: Only students taking exams attend school.

Please Note: Half-day of school for pre-K through grade 6.

*Teachers may be holding Regents/RCT review sessions throughout the week.

The New York State Regents and RCT exam schedule is included for your review in the newsletter. Please contact our Middle/High School office if you have questions.

Students who attend Southwest Tech are encouraged to attend during Regents/RCT week; Transportation could be arranged. Please let the office know if you would like to attend. This is a great time to make-up classes.

STUDY TIPS

Second semester begins on Monday, January 31st. The following tips may help students to organize their study time as they prepare for state and school exams:

Allow enough time for study and homework. Get in the habit of looking over information covered in class and text materials. Study and homework time will vary for each student depending on individual needs and desired grades. Set a specific amount of time to study after homework is completed.

Make use of your study hall time and time after school. Proof your written work for capitalization and punctuation. Use small blocks of time to review notes and make corrections to homework.

Study at the same time daily. Having specific hours set aside each day will maintain the systematic organization of your schedule and keep you actively involved in studying.

Schedule daily reviews. Keep a calendar/assignment book with exam dates, upcoming project or homework due dates, and appointments. Look this over at the same time each day, either in the morning, to help get ready for the day, or at night to plan for the next day.

Schedule a weekly review. Plan to review class notes and reading assignments from beginning to end once a week. This only takes a short time and will reduce the amount of study time needed before an exam.

Estimate time for projects and papers. Remember to schedule extra time to complete special projects and papers. These things can take longer than expected. Plan ahead during the course of the week.

Allow for flexibility. The more routine your schedule is the stronger the habit will be. At the same time flexibility is necessary to respond to unanticipated situations.

TIPS FOR REDUCING STRESS

Keep your perspective. When faced with a stressor, ask yourself if it is worth being upset by the situation.

Keep in contact with friends and family. This helps to keep you from feeling alone. Talk about things. Don't yell or argue with others.

Listen. Never assume you know what another person is thinking.

Focus on goals. Determine what is really valuable to you and what you are willing to do to get it.

Make a list of the things you need to accomplish.

Manage your time. Don't leave things until the last minute. Determine how you are spending your time. Eliminate wasteful activities.

Make time to relax.

Reward yourself for accomplishing your goals. This gives you something to look forward to.



Managing time helps create balance in your life.



Listen to music that calms you down.

Exercise, it helps to build stamina.

Eat balanced meals at regular intervals.



Ask for help when you need it.

As students enter into this stressful time of year keep school staff informed if there are unusual circumstances or concerns.

High School Guidance News
Linda Alford, Guidance Counselor

COLLEGE/MILITARY ACCEPTANCES FOR SENIORS

Making plans for the future is an exciting time for our seniors. I am proud of the work they have done and continue to do. Please help me congratulate the following seniors who have already received their acceptances. This is a list that the guidance office is aware of as of December 7th:

- Jordan Hatch - North Country Community College, Clinton Community College
- Danielle Gallo - Clinton Community College
- Clifton Guiles - Baran Institute of Technology

Seniors are encouraged to bring a copy of their acceptance letters to the Guidance Office.

ACT/SAT TESTING DATES & REGISTRATION DEADLINES

Juniors and Seniors preparing for college and other professional training are required to take certain tests. If you have not already completed your college entrance testing, read the following information carefully.

All registration forms and booklets of information are available in the Career Center of the Guidance Office. It is your responsibility to obtain these and to register for the required tests. Only your prospective college can determine your personal testing schedule. Since requirements vary, you must consult the catalog of each school.

For students who receive testing modifications and wish to pursue approval for modifications on these tests they must file paperwork with the testing agencies approximately 5 weeks prior to the registration deadlines. Please contact the High School Guidance Office for this paperwork.

I. SAT and SAT II

The scholastic Aptitude Test(SAT I) and Achievements (SATII) are given several times a year, in approximately three-hour sessions.

	<u>Registration</u>	<u>Test Date</u>
SAT I and SAT II	Dec. 20, 2004	Jan. 22, 2005
SAT I	Feb. 07, 2005	Mar. 12, 2005
SAT I and SAT II	Mar. 25, 2005	May 07, 2005
SAT I and SAT II	Apr 29, 2005	June 04, 2005

Fee:* SAT I - \$29.50 Fee waivers may be available in the Guidance Office for
 Late Fee*: SAT I - \$49.50 students who qualify for a reduced or free lunch.

* Fees will change mid-year when a writing section is added to the test

II. ACT

Tests of the American College Testing Program are required or accepted by most colleges. Students should carefully check the catalog of each prospective college to determine whether the examinations are required. The test is administered in one session of two hours and forty minutes.

Registration Deadline	Test Date
Mar. 04, 2005	Apr. 9, 2005
May 6, 2005	June 11, 2005

Fees: \$28.00** Fee waivers may be available in the Guidance Office for students who qualify for a reduced or free lunch.
Late Fee: \$ 45.00**
 **There will be an additional fee for the writing test in the spring.

For more information check out the following web page:
 For SAT - www.collegeboard.com
 For ACT - www.act.org

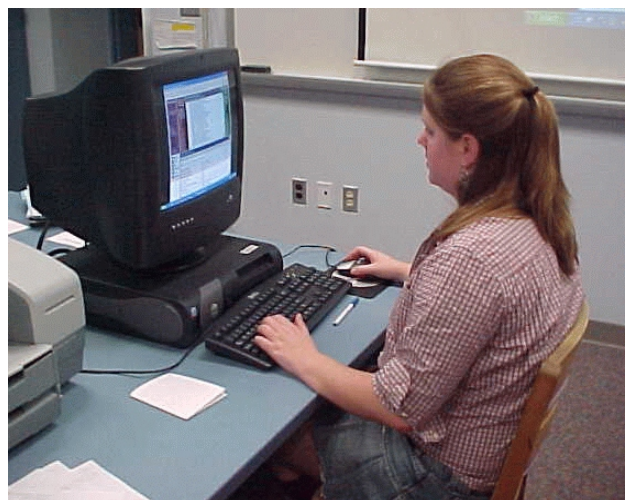
CEEB/ACT HIGH SCHOOL CODE NUMBER : 334949

Arrangements for special testing situations for students with learning disabilities may be made by contacting the CEEB or the American College Testing Program. See Ms. Alford for more details. Paperwork needs to be done in advance.

CAREER EXPLORATION IN 10TH GRADE



In December, Ms. Alford worked with 10th grade students to start their career search. Students were introduced to the idea of decision-making regarding a career path using their interests and the things they liked to do as a place to start. Students used the “Choices” software to generate a list of careers based on an interest inventory they took. They were also encouraged to use this software on their own in the library.



DID YOU KNOW. . . .

- that FAFSA stands for “Free Application of Federal Student Aid”? This is the form used to apply for federal financial aid called a PELL Grant.
- that the amount of a PELL Grant for could be as much as \$4,050
- . . . that you can fill out and send many college applications and also the FAFSA on-line? The FAFSA web site is www.fafsa.ed.gov
- that to fill out the FAFSA on-line you must first apply for an electronic PIN number? You can do this from the FAFSA web site www.fafsa.ed.gov or you can go directly to the PIN web site at www.pin.ed.gov
- that a Merit Award is an award based on demonstrated academic excellence, professional promise, and personal merit?
- that a TAP Award, which is New York State’s tuition assistance program, could be as much as \$5,000?
- that Grants are financial aid that a student does not need to pay back?

Ms. Alford is available to ask general financial aid questions. If you have specific financial aid questions you should contact the financial aid officer at the college you may attend.

Paper FAFSA forms are available in the High School Guidance Office

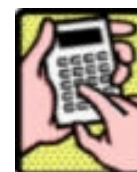
Very Useful Web Sites

- www.fastweb.com - Financial Aid search engine
- www.collegeboard.com -SAT (test is a college entrance test), AP and Profile online registration, practice tests, financial aid information, and college search engine.
- www.act.org -ACT(test is a college entrance test) online registration, practice tests, some financial aid information, and college search engine.
- www.fafsa.ed.gov - Federal Aid information and the FAFSA online application
- www.pin.ed.gov - Web site to apply for an electronic PIN number for financial aid forms
- www.suny.edu/student -State University of New York web site and online application

PLANNING FOR NEXT YEAR FOR 9th - 11th GRADE STUDENTS



Starting in January all 9th through 11 grade students will meet with Ms. Alford regarding their schedules for next year. Students will be called from a study hall to review their school records, discuss the current school year and plan for next year. We will then a send a copy of this plan to the parents asking you to review it with your student. You will be encouraged to contact Ms. Alford if you would like to make changes to this plan.



GRADING PERIOD CALCULATIONS

<p>Edwards-Knox 7th through 12th grade Honor Roll Calculation and Senior Privileges</p> <p>Grading period averages are calculated in the following manner: *All semestered courses count twice (2X) *Full year courses meeting every day count once (1X) *Half year courses meeting every day count once (1X) *Single period every other day (½ credit courses) count one-half (½ X) *BOCES Vo-Tech courses count 3 times (3X) *BOCES Math and Science count one-half (½ X)</p> <p>Honor Roll is 85 - 89.99% High Honor Roll is 90 - 94.99% Outstanding High Honor Roll is 95 - 100%</p> <p>Final Averages are based on the credits earned for each class.</p>	<p>Example: Grade Periods Quality Points</p> <table border="0"> <tr> <td>English 12</td> <td>70</td> <td>X</td> <td>2</td> <td>=</td> <td>140</td> </tr> <tr> <td>PreCalculus</td> <td>75</td> <td>X</td> <td>1</td> <td>=</td> <td>75</td> </tr> <tr> <td>Physics</td> <td>80</td> <td>X</td> <td>1</td> <td>=</td> <td>80</td> </tr> <tr> <td>French IV</td> <td>90</td> <td>X</td> <td>1</td> <td>=</td> <td>90</td> </tr> <tr> <td>Health</td> <td>82</td> <td>X</td> <td>1</td> <td>=</td> <td>82</td> </tr> <tr> <td>Phys. Ed</td> <td>90</td> <td>X</td> <td>½</td> <td>=</td> <td>45</td> </tr> <tr> <td>Band</td> <td>95</td> <td>X</td> <td>½</td> <td>=</td> <td>+47.5</td> </tr> <tr> <td></td> <td></td> <td></td> <td><u>7</u></td> <td></td> <td><u>559.5</u></td> </tr> </table> <p><u>Quality points ÷ number of periods = Term Ave.</u></p> <p>559.5 ÷ 7 = 79.93% Term average is 79%</p>	English 12	70	X	2	=	140	PreCalculus	75	X	1	=	75	Physics	80	X	1	=	80	French IV	90	X	1	=	90	Health	82	X	1	=	82	Phys. Ed	90	X	½	=	45	Band	95	X	½	=	+47.5				<u>7</u>		<u>559.5</u>
English 12	70	X	2	=	140																																												
PreCalculus	75	X	1	=	75																																												
Physics	80	X	1	=	80																																												
French IV	90	X	1	=	90																																												
Health	82	X	1	=	82																																												
Phys. Ed	90	X	½	=	45																																												
Band	95	X	½	=	+47.5																																												
			<u>7</u>		<u>559.5</u>																																												



**EDWARDS-KNOX CENTRAL Jr.-Sr. High School
Honor Rolls**

Class of 2005

<u>Outstanding</u>	<u>High Honor</u>		<u>Honor Roll</u>
Caitlin Hill	Natasha Brewer	Sarah Allen	Breanne Snyder
Daniel McGraw	Charles Colton	Gabrielle Baker	Jennifer Surface
Ashley Rulffes	Kyle LaPoint	Christine Fountain	Krystal Turtchanow
	Dustin Smith	Craig Kirkpatrick	Tesia Yerdon
	Elizabeth Tupper	Bradley Peacock	

Class of 2006

<u>Outstanding</u>	<u>High Honor</u>		<u>Honor Roll</u>
Brittany Clark	Amber Gladle	Heather Borey	Krystal Forbes
Amanda Hewlett	Jacquelyn Knable	Justin Brassard	Brandy Gollinger
Meredith Hurley	Lacey Leroux	Sascha Clyde	Aundrea Sova
Krystal Kingrey		Seth Eells	Roger Tresidder
Alyssa White		Misty Enslow	

Class of 2007

<u>Outstanding</u>	<u>High Honor</u>		<u>Honor Roll</u>
Megan Bristol	Ryan Brewer	Bridgette McGraw	Brandi O Shea
Ryan Davis	Emily Gault	Kale Panetti	Nathan Surface
Tracy Hogle	Trisha Hogle	Jenna Towne	Amanda Thornton
Jessica Sovie	Keegan Little	Jessica White	

Class of 2008

<u>Outstanding</u>	<u>High Honor</u>		<u>Honor Roll</u>
Kassandra Averill	Rachel Campbell	Jeanette Mullaney	Kaitlin Clark
Faith Beatty	Elizabeth Flanagan	Sausha Pierce	Lucas Colton
Chelsea Ellis	Anne Hawn	Regina Reese	Benjamin Davison
Emily Fuller	Rebecca Johnson	Kelsey Tupper	Trevor Hale
Miranda Given	Jerrica Jones		Rachel Hatch
Keri Straw			Joshua Kirkpatrick
			Nicole Knable
			Jeneca Laplant
			Nathan Pike
			Miranda Typhair

Class of 2009

<u>Outstanding</u>	<u>High Honor</u>		<u>Honor Roll</u>
Ryan Gault	Ryan Ashline	Cory Aldous	Krystina DeVito
Sean Sullivan	Elizabeth Hathaway	Brandon Bressette	Aaron Kellogg
Mari Zacharek	Steven Jones	Vanessa Bullock	Bryana Kiggins
	Robert Latimer	Joshua Burke	Chris Kirkpatrick
	Mark Weir	Emily Chambers	Steven Mackin
		Amanda Clark	



Class of 2010

Outstanding

Travis Amo
Lacey Brown

High Honor

Kyle Cassidy
Chelsea Cutway
Timothy Gault
Thomas Kingrey
Nathaniel Morehouse
Kerri Pike
Raven Reese
Katelyn Ward
Megan White

Honor Roll

Kristina Ashley
Robert Burns
Amelia Colton
Krystal Cook
Lindsey Crosbie
Taylor Davis
Danielle Gollinger
Jesse Merkley
Danielle Mullaney
Ethan Panetti
Joette Peacock
Adam Powers
Benjamin Rulffes
Maraya Vanbrocklin
Joseph Zacharek

GED Program Top Achiever

Peter Turtschanow

BOCES Top Achievers

Auto Technology I

Roger Tresidder

Cosmetology II

Sarah Allen

Multi-Occupations II

Kenny Ferguson

Auto Technology II

Craig Kirkpatrick
Brad Peacock

Multi-Occupations I

Charles Shampine

G
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ELEMENTARY NEWS

By: Sue Kelly, Principal

The 2004 school year has been full of all types of exciting learning, projects, assemblies, field trips and making new friends and relationships. Everyone seems to have settled down into the routine. Children do have high expectations placed on them each day with their academics and also participating in the general school environment. It is important that our children learn these essential skills as they will be able to better cope and be successful students.

<p style="text-align: center;">Winter weather apparel:</p> <p>As the snow has begun to fall and the temperatures plummet, it is important for students to wear weather appropriate clothing. Even if a child has a short bus ride they will still need to have coats, boots, hats, gloves, and snow pants to participate in recess. Only when the temperatures get too low will the classes stay inside. Teachers serve recess duty, so there isn't anyone to stay inside with children on a regular basis. Children may leave some of these essentials at school if they have extra supplies.</p>	<p style="text-align: center;">A few tips for a safe bus ride:</p> <p>Talk to your child/ren about bus safety. It is important to remind them about sitting in their seats and remain seated until the bus stops at their drop off point. Bus seats are difficult to see around or over; they are made this way to help protect the passengers. Help your child to understand that standing or sitting improperly on their seat could be dangerous. Our drivers do all they can to keep the children safe but they can't watch everyone all the time.</p>
<p style="text-align: center;">NYS Test Dates for Grade 4:</p> <p style="text-align: center;">Jan. 31, Feb. 1, 2: English Language Arts</p> <p>An informational packet was sent home in mid-December outlining times, dates, and sample questions from previous years. If you didn't get one, or have questions, please contact the office. Please try to schedule appointments around these dates when possible. Children seem to benefit when taking the test as a group with their regular teacher. Make-up dates are available and will be scheduled by the office.</p>	<p style="text-align: center;">Personal items:</p> <p>Over the holidays students often get new toys, games, and electronic devices they want to bring into school. Just a reminder, each student is responsible for his or her own items; and we can't ensure that the item won't get accidentally broken or come up missing.</p>
<p style="text-align: center;">Middle Level Preparation:</p> <p>As we continue to meet and discuss our middle level expectations and concepts we can see how things may change in the future. We do not plan to institute all of these changes this year but want to make you aware of some of the possibilities.</p> <p>Middle level involves Grades 5-8. This fall we used computerized report cards for the sixth grade students, and we hope to involve the fifth grade classrooms next year. Let us know what you thought about this!</p> <p>Currently we have a kindergarten, sixth, and twelfth grade graduation ceremony. In the future, we are thinking about having a fourth and eighth grade moving up ceremony to celebrate moving into the different levels of education. Both the kindergarten and twelfth grade graduations would continue, as they certainly are milestones in our students' lives.</p> <p>If there are any parents interested in serving on this committee, please contact Mr. Davis or Ms. Kelly; we are both involved with this endeavor.</p>	

FIRST MARKING PERIOD AWARDS

KINDERGARTEN

Good Neighbor

Richard Dafoe
Aubrey Snell

Nice Manners

Cheyanna Tuttle
Jarrett Bullock

Art

Jacob Fenlong
Zoey Bridge

Hard Worker

Jordan Moore
Brittney Bidwell

Music

Jacob Fenlong
Paige Clary

Phys. Educ. Sportsmanship

Arael Scott
Zoey Bridge

GRADE 1

Most Improved

Joshua Brassard
Quinton Walters
Jeffrey Gladle

Hard Worker

Jordan Jeanette
Austin Shatraw
Jordan Mouthorp

Art

Zayne Bridge
Rebecca Hathaway
Anisa Hotaling

Healthy Attitude

Destiny Durham
Miranda Matthews
Dakotah Bacon

Music

Trenton White
Kenda Peters
Daniel Gotham

Phys. Educ. Sportsmanship

Heather Finnerty
Miranda Matthews
Hunter Phelps

GRADE 2

Eager Reader

Richard Finnerty
Kennedy Bell
Shaye Taylor

School Spirit

Morgan Bradish
Ross Sprague
Sierra Powers

Art

Connor Gotham
Erica Hendricks
Shaye Taylor

Most Improved

Connor Gotham
Devan Sharlow
Kyia McBroom

Music

Darrick Cutway
Trennan McCollum
Abbie Hale

Phys. Educ. Sportsmanship

Molly Burger
RaeAnn Thomas
Mason Fountain

GRADES 3-6 AWARDS

Effort

Kiana Coffey
Jennie Gotham
Michelle Whitmarsh
Tina Paro
Emily Dominie
Janna Fountain
MaKayla Harris
Brandon Bristol
Dylan Davis
Jordan Dowling

Music

Kate Rowe
Kelvin Gordon
Brooke Foster
Alex McDonald
Claire Davis
Madeline Clark
Jerred Wilson
Devan-Michael Hance
Kelly Hedrick

Phys. Educ. Sportsmanship

Mackenzey Allen
Greg Brunet
Angela Gladle
Tina Paro
Lindsay Yerdon
Shannon Allen
Kathy Stein
Kurtis Ellison
Kelsi Robert

GRADES 3-6 AWARDS CONT'D.

Citizenship

Gage Coffey
Bridget Gladle
Devon Allen
Victoria Colon
Zachary Allen
Kacee Stein
Shelby Searles
Ashley Tupper
Olivia Loop
Jon Davison

Art

Kyl Huebner-Lane
Ross Curley
Logan Thornton
Amanda Huebner-Lane
Brandi Daniel
LaTeia Gravett
MaKayla Harris
Kamrie Dandrow
Holly Thomas



GRADE 3

HIGH HONOR ROLL

Mackenzzy Allen
Ross Curley
Jordan Davis
Katelynd Hill
Kyl Huebner-Lane
Alyssa Parker
Kate Rowe
Leonard Walrath

Jacob Burns
Gage Coffey
Kiana Coffey
Dylan Cross
Kaden Dandrow
Jesse Fenlong
Bridget Gladle
Makenzie Gollinger
Jennie Gotham
Kyl Gotham
Dylon Jeanette

HONOR ROLL

Marissa Johnson
Tyler LaPlante
Joshua LaPlatney
Mazuq Moore
Cortney Morehouse
Jessey Parker
Desirae Parrish
Dylan Sharpstene
Hunter Tuttle
Ashlee Whitmarsh
Chloe Wilson

GRADE 4

HIGH HONOR ROLL

Leah Billings
Jesse Bullock
Brianna Farr
Amanda Huebner-Lane
Alison Thompson
Tyler Tresidder

HONOR ROLL

Darin Bresett
Victoria Colon
Samantha Ellison
Logan McCollum
Alex McDonald
Alex Parrish
Annabelle Royce
Nicholas Wolfe

GRADE 5

HIGH HONOR ROLL

Kylie Averill
Janna Fountain
Alexia Hawn

HONOR ROLL

Amanda Cornwell
Claire Davis
Emily Dominie
Ben Fuller
Jacob Kingrey

Kyrsten LeRoux
Jasamin Reese
Shelby Searles
Kacee Stein

GRADES 3-6 AWARDS CONT'D

HIGH HONOR ROLL

Kamrie Dandrow
Jon Davison
Kurtis Ellison
Patricia Hathaway
Olivia Loop
Kelsi Robert
Cassie Walrath
Nikola Wolfe

Tyler Ashley
Miranda Bevel
Brandon Bristol
Abigail Campbell
Michela Chapin
Dylan Davis
Samantha LaPoint

HONOR ROLL

Sarah Manning
Ashley Mitchell
Dustin Sovie
Holly Thomas
Joseph Thompson
Ashley Tupper

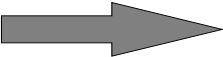
**PERFECT ATTENDANCE AWARDS FOR K-6 FOR 1ST MARKING PERIOD
(NO TARDIES, DISMISSALS, OR ABSENCES)**

Zachary Allen
Dakotah Bacon
Makayla Bacon
Leah Billings
Austin Brown
Seth Brown
Jason Burke
Katelyn Church
Dillion Coffey
Darrick Cutway
Dylan Davis
Jordan Davis
Nicholas Davis
Ashley Davison
Jonathan Davison
Matthew Douillet
Sara Douillet
Darian Fenton
Luke Fenton
Richard Finnerty
Ben Fuller
Jennie Gotham
Joseph Hamilton
MaKayla Harris
Alexia Hawn
Erica Hendricks




Nicole Hendricks
Zackary Hollenbeck
Brandi Jeanette
Marissa Johnson
Kristen Kroniser
Olivia Loop
Logan McCollum
Wallace McLaughlin
Brittany Moore
Cortney Morehouse
Cody Rowe
Kate Rowe
Shania Searles
Austin Shatraw
Marissa Smith
Alison Thompson
Joseph Thompson
Cheyanna Tuttle
Hunter Tuttle
Cassie Walrath
Leonard Walrath
Trenton White
Kassandra Whiteford
Travis Whitmarsh
Trevor Whitmarsh

AWESOME!

JANUARY ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1 NEW YEAR'S DAY
2	3 SCHOOL RESUMES Var. & JV Boys vs. Heuvelton	4 Var. & JV Girls @ Heuvelton	5 Mod. Boys vs. Harrisville Mod. Girls @ Harrisville After Grad Mtg. 7PM	6 Var. & JV Boys vs. Hammond Parent. Assoc. Mtg. - 7 PM	7 Var. & JV Girls @ Hammond	8 Mod. Boys @ Heuvelton Mod. Girls vs. Heuvelton
9	10 Var. & JV Girls vs. Morristown BOE Meeting	11 Var. & JV Boys @ Morristown	12 Mod. Boys @ Lisbon Mod. Girls vs. Lisbon	13 Var. & JV Girls vs. Hermon-DeKalb	14 Var. & JV Boys @ Hermon-DeKalb	15 Mod. Boys @ H-D Mod. Girls vs. H-D
16 Mod. Boys vs. Hammond  Mod. Girls @ Hammond	17 Martin Luther King, Jr. Day <u>NO SCHOOL</u> Var. & JV Girls @ Clifton-Fine	18 Var. & JV Boys vs. Clifton-Fine	19	20 Var. & JV Girls vs. Harrisville	21 7-12 <u>MID-YEAR EXAMS</u> Var. & JV Boys @ Harrisville	22 <u>SAT EXAM</u> Mod. Boys @ C-F Mod. Girls vs. C-F
23	24 7-12 <u>MID-YEAR EXAMS</u> BOE Meeting	25 <u>REGENTS' EXAMINATIONS</u>	26 <u>REGENTS' EXAMINATIONS</u> Mod. Boys @ Morristown Mod. Girls vs. Morristown	27 <u>REGENTS' EXAMINATIONS</u> Var. & JV Girls @ Libson	28 <u>REGENTS' EXAMINATIONS</u> <u>11:44 Dismissal</u> Var. & JV Boys vs. Lisbon	29 Mod. Boys @ Harrisville Mod. Girls vs. Harrisville
30	31 <u>START OF 2ND SEM.</u> Var. & JV Girls vs. Heuvelton	NOTE: Basketball games start at 6:00 P.M. (weekdays) and 9:00 A.M. (Saturdays).				

FEBRUARY ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Var. & JV Boys vs. Heuvelton	2 Mod. Boys vs. Heuvelton Mod. Girls @ Heuvelton	3 Parent Assoc. Mtg. - 7 PM	4 REPORT CARDS DISTRIBUTED TO HS STUDENTS	5 Mod. Boys vs. Lisbon Mod. Girls @ Lisbon
6	7	8 Mod. Boys vs. C-P (Scrimmages) Mod. Girls vs. C-P	9 Mod. Boys vs. H-D Mod. Girls @ H-D	10 8 th Gr. Planning Night - 6:30 PM	11	12 Mod. Boys @ Hammond Mod. Girls vs. Hammond
13	14  BOE Meeting	15 Mod. Boys vs. C-F Mod. Girls @ C-F	16 8 TH GRADE PARENTS' NIGHT	17	18 BILLY MARTIN CIRCUS	19 Mod. Boys vs. Morristown Mod. Girls @ Morristown
20 MID-WINTER RECESS 	21	22	23	24	25	26 MID-WINTER RECESS 
27	28 BOE Meeting	NOTE: Basketball games start at 6:00 P.M. (weekdays) and 9:00 A.M. (Saturdays).				

CAFETERIA NEWS
KATHLEEN WHITMARSH, COOK MANAGER

It hardly seems possible the holidays are almost over and we are starting a new year. I hope everyone had a wonderful holiday season.

As you have probably already heard, we are trying to get all bills paid off and keep everyone at less than \$6.00 in charges. The government has taken a stand that schools need to be fiscally responsible. We should not be making debts that we cannot collect and we can't pay with our own budget. Therefore we need to get the charges down and paid off to do as they expect.

I would like to see each student eating fruits and vegetables as much as pizza and French fries. We are so fortunate to live in a land with so many fruits and vegetables.

I am trying to make sure each Student/Person purchasing a lunch realizes each meal includes the five food groups. The do not have to take all five, but they are allowed to take all five if they want them. The 5 food groups are:

1. 1-2 oz. Of meat/protein
2. 1 bread (roll, 3 packages of crackers, 1 slice bread, etc.)
3. 1 vegetable
4. 1 fruit
5. 1 milk

You must take 3 of the 5 to be a reimbursable meal. You may take all 5 if you like.

We have started having cheese and crackers as an entrée. You may take an apple and this would be a reimbursable meal, or you might take a milk and you would have your meal, or you may take a vegetable, a fruit (or desert), and a milk and have for your meal. The same is true with subs. You may get soup with a sandwich or a sub, but you may also get the fruit, vegetable, and milk.

I want to make sure you realize if you purchase a meal you can get it all.

I have been here now since September, and I love it here. I'm getting to know all of you. I did have four children graduate from here, but my youngest child graduated in 2002 and I have lost touch. I have a wonderful group of ladies to work with. We have wonderful teachers and administrators and a great BOE to work with. They care about our children and are trying to do what is best for them. We are fortunate that our school has senior trips, an after graduation party, a great cheerleading program and strong athletic teams. Let's stay proud of our school and make it better than the rest. I know I will do my part.

I have a telephone in my office and if I'm not there to take your call, you may leave a message and I will return your call. If I can be of any assistance please don't hesitate to contact me.

Sincerely,
Kathy Whitmarsh
Cook Manager

Edwards-Knox Central School

Jan. 2005



Menu

P.O. Box 630
2512 Co. Rt. 24
Russell, NY 13684-0630

Phone: 315-562-8326
Fax: 315-562-2477
Website: www.ekcsk12.org


Fruit Offered Daily
Soup & PB&J Sandwich Daily
Sub Line Offered Daily

Tuesdays & Thursdays
"Chef Salad"

Breakfast: 7:45 A.M.
Cereal, Juice, Graham Cracker,
Bagel/English Muffin
Bagel/Cream Cheese, muffin,
donuts, breakfast bar offered
on changing days.

Milk Choices:
Whole, Chocolate,
1%, Skim, & 2%.

Lunch is served from
11:00 - 1:00.

<p>3 Chicken Nuggets Potato Puffs Green Beans Pineapple Milk</p>	<p>4 Italian Saug./ Bun Peppers & Onions Chips, Corn Applesauce Milk</p>	<p>5 Turkey Gravy Mashed Potatoes Peas Bread & Butter Pears Milk</p>	<p>6 Scrambled Egg Ham Hash Brown Blueberry Muffin Ice Juice Milk</p>	<p>7 Tomato Soup Grilled Cheese Fruit Milk</p>
<p>10 Pizza Tossed Salad Peaches Milk</p>	<p>11 Hot Dog/Bun French Fries Baked Beans Pears Milk</p>	<p>12 50's Day Hamburg/ Cheese/Bun French Fries, Corn Ice Cream or Fruit, Milk</p>	<p>13 Roast Pork Mashed/Gravy Peas Bread & Butter Applesauce Milk</p>	<p>14 BBQ Pork/ Bun Cabbage Salad Potato Wedges Fruit Milk</p>
<p>17 </p>	<p>18 Chicken Patty/Bun Green Beans Fruit Milk</p>	<p>19 Taco Day Rice Corn Fruit Milk</p>	<p>20 Pizza Tossed Salad/ Ranch Dressing Blueberry Cake Milk</p>	<p>21 Fish/Bun Mashed Potatoes Peas Fruit Milk</p>
<p>24 Chicken Nuggets Chicken Rice Green Beans Pineapple Milk</p>	<p>25 Chicken Fajita w/ Peppers, onions, let., & cheese Corn Chips Corn Fruit Milk</p>	<p>26 French Toast Canadian Ham Slice Hash Browns Ice Juice or Fruit Milk</p>	<p>27 Spiral Goulash Tossed Salad Bread & Butter Fruit Milk</p>	<p>28 Egg Salad Sandwich Chicken Noodle Soup Variety Vegetable Fruit Milk 11:44 Dismissal</p>
<p>31 BBQ Rib/ Bun Potato Round Broccoli Fruit Milk</p>		<p>You may put money on accounts at any time.</p>	<p>Have questions? Call Mrs. Whitmarsh at 562-3227 or 347-3410, Ext. 507.</p>	<p>This menu is subject to change without notice.</p>

Edwards-Knox Central School

Feb. 2005 Menu



P.O. Box 630
2512 Co. Rt. 24
Russell, NY 13684-0630
www.ekcsk12.org

Phone: 315-562-8326
Fax: 315-562-2477
Website:







Fruit Offered Daily
Soup & PB&J Sandwich Daily
Sub Line Offered Daily

Tuesdays & Thursdays
"Chef Salad"

Breakfast: 7:45 A.M.
Cereal, Juice, Graham Cracker,
Bagel/English Muffin
Bagel/Cream Cheese, muffin,
donuts, breakfast bar offered
on changing days.

Milk Choices:
Whole, Chocolate,
1%, Skim, & 2%.

Lunch is served from
11:00 - 1:00.

	<p>1 Sausage on Bun onions & peppers French Fries Peaches Milk</p>	<p>2 Chicken Fajita Rice Corn Applesauce Milk</p>	<p>3 Turkey Parm. Side of Spaghetti Green Beans Bread & Butter Fruit Salad Milk</p>	<p>4 Chicken Noodle Soup Tuna Sandwich Carrots Fruit Milk</p>
<p>7 Pizza Peas Fruit Milk</p>	<p>8 French Toast Canadian Bacon Hash Browns Ice Juice of Fruit Milk</p>	<p>9 Chicken Pattie/Bun Green Beans Bread & Butter Apricots or Trail Mix Milk</p>	<p>10 Taco Day Rice Corn Peaches Milk</p>	<p>11 Tomato Soup Grilled Cheese Fruit Milk</p>
<p>14 Pizza Green Beans Fruit Milk</p> 	<p>15 Ham Slices Scalloped Potatoes Broccoli Bread & Butter Peaches Milk</p>	<p>16 Chicken Nuggets Peas, Bread Fruit Cocktail Milk</p>	<p>17 Lasagna Tossed Salad Bread & Butter Pineapple Milk</p>	<p>18 Fish on Bun Mashed Potatoes Peas Fruit Milk</p>
<p>21 MID-WINTER VACATION FEB 21-25</p>	<p>22</p> 	<p>23</p> 	<p>24</p> 	<p>25 MID-WINTER VACATION FEB 21-25</p>
<p>28 Pizza Green Beans Fruit Milk</p>		<p>You may put money on accounts at any time.</p>	<p>Have questions? Call Mrs. Whitmarsh at 562-3227 or 347-3410, Ext. 507.</p>	<p>This menu is subject to change without notice.</p>