

In order to use the Fitness Center or Weight Room housed at Edwards-Knox Central School, the following criteria ***MUST BE MET***:

1. Complete Membership Form.
2. Submit payment of \$25 per half school year to Business Office.
3. Obtain Membership Card.
4. Attend initial training/re-training session for approval of use. A group training will be scheduled.
5. Follow rules/guidelines established.

EDWARDS-KNOX CENTRAL SCHOOL DISTRICT

FITNESS CENTER/WEIGHT ROOM MEMBERSHIP APPLICATION

NAME: _____

ADDRESS: _____

TELEPHONE: _____

EMERGENCY CONTACT PERSON: _____

EMERGENCY CONTACT TELEPHONE: _____

The cost for a membership allows use of either facility. Please **make checks payable to Edwards-Knox Central School** in the amount of \$25 per half school year per person (September to January or February to June). The funds will be used to cover any additional costs for machine use, repair, or future replacement.

Business Office Use:

Amount paid: _____ Date: _____

Complete the attached Hold Harmless Agreement and submit it to the District Office.

District Office Use:

Received: _____ Approved: Yes or No

Attend a group training, if needed or retraining through the Athletic Director's Office at 562-8131, Ext. 1504.

Athletic Director Use:

Prior training: Yes or No Trained: Yes or No

Approved: Yes or No Date: _____

I have read and agree to follow the established rules and guidelines set by the District for the safety of myself and school.

Signature

Date

EDWARDS-KNOX CENTRAL SCHOOL DISTRICT

FITNESS CENTER/WEIGHT ROOM RULES/GUIDELINES

1. Equipment can only be used **after approval** has been given by the Athletic Director. ALL participants **MUST** be trained on each piece of equipment and **MUST** have completed ALL paperwork **BEFORE** they can start.
2. Membership badge **MUST BE** present during workouts.
3. A **minimum of two participants** (one must be 18 years or older and graduated from high school to be in the area) in order to use the equipment. If one is a minor, the parent/guardian **MUST BE** present. **NO CHILD UNDER GRADE 5 IS PERMITTED IN THE ROOM.**
4. Follow **ALL** safety tips for intended use. There will be **NO HORSEPLAY ALLOWED.**
5. Please notify either office if you see something that is broken.
6. If there are others waiting to use the equipment, please limit your time on the machines.
7. The room may **ONLY** be occupied **during approved times:**

When school is in session:

*Monday through Friday: 6:00 p.m. to 8:00 p.m.

*Saturdays: 9:00 a.m. to 12:00 p.m.

*Before school, when in session: 6:00 a.m. to 7:30 a.m.

*After school hours, when in session, if not used by the District:
3:15 p.m. to 4:30 p.m.

8. Privileges to use the fitness center/weight room **can be lost** (at the discretion of Edwards-Knox Central School Administration) if found to be not in compliance with these guidelines. **NO REFUND WILL BE GIVEN FOR UNUSED TIME IF YOU LOSE YOUR PRIVILEGES DUE TO NON-COMPLIANCE.**

EDWARDS-KNOX CENTRAL SCHOOL DISTRICT

FITNESS CENTER/WEIGHT ROOM HOLD HARMLESS AGREEMENT FOR 2011-2012 SCHOOL YEAR

Personal Use of Facilities

Contact Person: District Clerk Kay Amo: 562-8131, Ext. 1532

I, _____, agree to and do hereby indemnify and hold harmless the Edwards-Knox Central School District, its officers, agents, and employees from every claim or demand made, from every liability, loss, damage, or expense, of any nature whatsoever, which may be incurred by reason of:

- A. Death or bodily injury to persons, loss or injury to property, or any loss, damage, or expense which may have been sustained by the use of equipment at Edwards-Knox Central School District or any persons, firm, or corporation employed by the Edwards-Knox Central School District upon or in connection with the personal use of the Fitness Center/Weight Room located at Edwards-Knox Central School.
- B. Any injury to or death of persons or damage to property, any loss or theft sustained by persons, firms, or corporations arising from any act of neglect, default, omission, negligence, or willful misconduct, either directly or indirectly, in connection with the personal use of the Fitness Center/Weight Room covered by this agreement, on or off Edwards-Knox Central School property.

I, _____, at my own expense, cost and risk, shall defend any and all actions, lawsuits, or other proceedings that may be brought or instituted against the Edwards-Knox Central School District, its officers, agents, or employees, and shall pay or satisfy any such claim, demand, liability, lien, judgment, penalty, fine, cost, interest, or expense rendered against or charged to the Edwards-Knox Central School District, its officers, agents, or employees in any action, lawsuits, or other proceedings as a result of the personal use of the Fitness Center/Weight Room covered by this agreement.

For User:

Print Legal Name: _____

Signature: _____

Address: _____

Telephone: _____ Date: _____

For Edwards-Knox Central School District Use:

Authorized Agent: _____

Title: _____ Date: _____